

**Judith Lee Alexandre, Ph.D., LCSW, BCD**  
**Curriculum Vitae**

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**EDUCATION:**

1983 - Ph.D. United States International University  
*Dissertation: Examination and Analysis of Self-Concept of Re-entry and Non Re-entry Women*  
Advisors: Paul Campisi, Dr. Robert Laurer  
1970 - M.S.W. University of Denver, Graduate School of Social Work  
1966 - B.A. University of California, Santa Barbara

**PROFESSIONAL CERTIFICATES:**

Continuing Education Units: Usually earn 20-30 CEU's per year in Category I; 10-30 in Category II.

2009 American Red Cross Mental Health Disaster Responder  
2002 Incident Stress Management  
2002 EMDR Training Institute, EMDR Provider  
1992 - 2000 American Society of Clinical Hypnosis  
1991 - 2000 Certified Field Instructor, University of Southern California School of Social Work  
1988 - Present American Board of Examiners, Board Certified Diplomate in Clinical Social Work #193  
1986 - Present NASW Clinical Registry #019611  
Who's Who in California  
1979-1980 Completed 15 units - Certificate in Human Services  
University of California Extension Classes  
1977 Licensed Clinical Social Worker, State of California, License #05949  
1976 Completed 12 units - Center for Training in Community Services  
Certified Trainer for Parents Workshops  
U.C. Extension - Helping Skills

**PROFESSIONAL EXPERIENCE:**

2004 Instructor (60 hours), County of Ventura; Clinical Supervision to CWS Supervisors  
2000 – Present Instructor, Phoenix University, Teacher Continuing Education

1990 - Present	Private Practice (Provider for Managed Care Organizations such as Magellan, HealthNet, U.S. Behavioral Health, CNN, Value Option, Blue Cross/Blue Shield)
1994 - Present	Associate Professor (part-time), Westmont College
1977 - 1989	Founder, Director of BFC Counseling Center
1988 - 1989	Instructor, California Lutheran University, Graduate Program
1980 - 1986	Coordinator of Counseling and Outreach, Bible Fellowship Church
1976 - 1983	Associate Professor, Sociology, Westmont College Assistant Professor, Sociology, Westmont College
1982 - 1985	Instructor, Azusa Pacific University Graduate School of Marriage and Family Counseling
1976 – 1989	Counselor, Bible Fellowship Church
1974 - 1977	Instructor in Human Services, Ventura College
1974 - 1976	Social Work Supervisor II, Protective Services Placement
1973 - 1976	Liaison, Foster Parents Association
1973 - 1974	Social Worker IV, Foster Care Placement, Ongoing Supervision
1972 - 1979	Social Worker Director, New Life Homes, Residential Group Home For Adolescent Teen Girls; was also a Founder.
1970 - 1972	Social Worker IV, Protective Services Intake
1968 - 1970	Social Worker II, Aid to Families with Dependent Children

#### SUBJECTS TAUGHT:

##### *At Westmont College:*

Introduction to Sociology  
 Sociology of Aging  
 Ethnically Sensitive Social Work  
 Social Work Practicum  
 Human Services and Social Policy  
 Intimate Violence  
 Theory of Social Work Practice  
 Death/Dying  
 Communication  
 Child Welfare  
 Social Work Methods  
 Contemporary Marriage

*At Azusa Pacific University Graduate School, Marriage and Family Counseling:*  
 Legal/Ethical Issues  
 Helping Relationships I and II

*At California Lutheran University, Graduate Program:*  
 Clinical Psychology II

*Phoenix University*  
 Active Listening for Teachers  
 Perfectionism in the Classroom  
 Self Care for Teachers  
 Dealing with Loss/Disability in the Classroom

#### COMMITTEES (Westmont):

1980 - 1982	Member, Off-Campus Programs Committee
1979 - 1981	Member, Minority Affairs Committee
1977 - 1979	Chairwoman, Admissions Committee
1976 - 1981	Member, Admissions Committee

#### PROFESSIONAL MEMBERSHIPS:

2009 - Present	Ethics Consultant National Association of Social Workers
2003 - 2009	National Association of Social Workers, Regional Direct, Region G
1995 - Present	National Association of Christian Social Workers, Active Southern California Chapter
1977 - 1986	
1992 - 2000	American Society of Clinical Hypnosis
1990 - Present	American Association of Christian Counselors
1990 - 1994	Society of Clinical Social Work
1989 - 1990	Christian Association for Psychological Studies, Inc.
1983 - 2003	NASW Referral Service - Chair, Community Awareness Advocacy; Vice President; Conference Chair, Ventura County Chapter; Member Private Practice Group; Alternate Director of Region G, 1999-2001 CEU Coordinator
1984 - 1990	Channel Islands Business and Professional Women - Vice President; Program Chair; Outstanding Woman of the Year; Chair, Special Services; Special Projects Director; Chair, Programs
1977 - 1985	National Council of Social Work Education
1970 - Present	National Association of Social Workers
1970 - 1977	American Humane Society (Children's Division)

## COMMUNITY INVOLVEMENT:

2007 – Present	Planning Committee and Dean of TRAC Camp Ventura (outreach to foster youth ages 12-15)
2001 - 2003	Partners for Peace Coalition of Agencies and Individuals - Sponsored by the Ventura County Medical Association to Promote Violence Prevention Steering Committee
2000 - 2002	Coalition of Mental Health Professionals - A Group of All Mental Health Professional Classifications Working To Improve Delivery Of Mental Health Services In Ventura County Steering Committee. Group was active in 2000 - 2001.
2000 - Present	Homeless Center Task Force, Chair - Working With Project Understanding to Establish a Year-Round, 24-Hour Homeless Center in Ventura.
2009 – Present 2001 - 2003, 1996 - 1999	Project Understanding, Board of Directors - Interfaith Agency Committed to Working with Those Economically Marginalized (Homelessness, Housing, Tutoring) President 1998 - 1999; Vice President 2001 - 2002, 1996 - 1997; Program Committee
1995 - Present	CROP Walk, Chair, Coordinator - An Interfaith Walk that Raises Money for Local and International Hunger Relief Projects and Community Self-Development.
1990 - Present	Personnel Commission, Ventura Unified School District
1992 - 1997	Member, National Association for Christians in Recovery
1990 - 1994	Rotary - Ventura East Chapter, Rotary International Community Services Committee
1990 - 1993	Ventura County Children's Agenda County Task Force (Ad Hoc)
1990 - 1993	Education Foundation, Ventura Unified School District, Board of Directors, President 1992, 1993
1989 - 1991	In-Patient Group Leader, Vista Del Mar Psychiatric Hospital Coordinator, Christian Therapy Track
1988 - 1990	Ventura County Task Force: Self-Esteem and Social Responsibility
1988 - 1990	United Way, Allocations Panel
1986 - 1987	Consultant, Public Health Department, Ventura Adolescent Parent Program
1985 - 1989	Trustee, School Board, Ventura Unified School District
1985 - 1986	Intern Supervisor, Coalition Against Household Violence
1980 - 1986	Founder/Director, Bethesda Hospice, Ventura
1979 - 1982	Liaison Committee on Public Services - Social Work Education, Articulation Council of California

1977 - Present	Speaker, Trainer, Workshops for Community Organizations, and Retreats (Family Life, Personal Growth, Counseling and Social Work Practice)
1976 - 1979	Camp Cherith - Board President; Board Member; Chair, Training; Chair, Programs
1975 - 1980	Member, Advisory Committee, Human Services Division, Ventura College
1974 - 1980	Trainer/Consultant, Interface Community (Community Service Agency)
1973 - 1976	Chairwoman, Ventura Area Council of Children's Services
1973 - 1974	Member, Committee for In-Service Training, Professional Development, Ventura County Welfare Department

*Child Abuse and Neglect (CAAN):*

1975 - 1998	Member, Board of Directors; 1990 - Program Committee; 1989 - Personnel Committee and Chair, Public Relations; 1998 - Board President; 1987, 1991-1993 - Vice President; 1975-1986 - Advisory Board; Trainer/Consultant; Founding Board Member
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*Church Involvement:*

2008 – Present	Eastminster Presbyterian Church Leadership Elder
2000 - 2006, 1992 - 1995	Eastminster Presbyterian Church Elder: Adult Ministries; Social Concerns/Community Outreach
1990 - 2008	Member, Eastminster Presbyterian Church; Sunday School (Adult) Teacher, Women's Ministry Team, Adult Ministries Team, Social Service Committee
1967 - 1990	Member, Bible Fellowship Church; Board of Missions, Adult Sunday School Teacher; 1979-1990 Peer Counseling Classes (taught through Bible Fellowship Church for several area churches in Ventura County); 1979-1982 Member, Evangelism and Social Concerns Committee; 1975-1978 Member, Board of Christian Education, 1967-1968 Sunday School Teacher

*Pioneer Girls:*

1975 - 1985	1975-1977 Chair, Pioneer Girls Coordinating Committee, Bible Fellowship Church; 1971-1973 Volunteer Staff, Pioneer Girls; 1970-1985 Speaker/Workshop Leader, Pioneer Girls Training Session
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**PUBLICATIONS:**

1989	Chapter 2 - "Trauma in the Home: Victims of Abuse," <u>Issue in Focus: Gaining a Clear Biblical Perspective on the Complex Issues of Our Time</u> , Gospel Light Publications, Ventura, California
1979	"Primary Health Care: A Comparative Analysis of Publicly Funded Health Services in Santa Barbara County," <u>Human Services Commission</u> , Santa Barbara, California
1975 - 1978	"Yes, You Can Help"; "Where Do I Go for Help"; "Children in One Parent Families: A Special Need," <u>Perspective Magazine</u> , Pioneer Clubs, Wheaton, Illinois

## WORKSHOPS TAUGHT (sampling):

*Bethesda Hospice, Ventura:* “Hospice Training”

*California Lutheran University:* “Women’s Self-Esteem,” “Children’s Self-Esteem,” “Processing Loss,”  
“Death, Divorce and Chronic Illness,” “Communication Skills,” “Assertiveness”

*Camarillo Women’s Day:* “Rituals, Ceremonies and Celebrations for Our Times”

*Channel Islands Business and Professional Women:* “Re-entry of Women into the Workforce,” “Self-Esteem,”  
“Dealing with Panic and Fear”

*Child Abuse and Neglect, Ventura:* “Profile of the Abuser,” “Working with the Abuser”

*Christians Making Connections:* “Healing Mother-Daughter Relationships”

*Community Presbyterian Church (Women’s Group):* “Giving and Receiving Encouragement,” “Social  
Involvement and the Church,” “Depression,” “Worry,” “Coping with Stress,” “Self-  
Esteem,” “Parent-Child Communication,” “Healthy Families”

*Conference on Family Violence (Interface Community):* “God and Good Sense,” “Battered Family”

*County of Ventura Community Workers Support Group:* “Grief”

*Eastminster Presbyterian Church Women’s Retreat Workshop:* “Graceful Living,” “Anger,” “Having It All  
Without Falling Apart,” “Healing Mother-Daughter Relationships”

*Gospel Light Publications:* “Self-Esteem” (Administrators)

*Holly Grove Residential Treatment Facility, Los Angeles:* “Building Self-Esteem in Children”

*Hospice of Conejo:* “Care for the Caretaker and the Family”

*John Jenkins Academy, Santa Paula:* “Family Communication”

*Life Design for Women (Education):* “Processing Your Emotions (Anger, Guilt, Depression, Anxiety),”  
“Women’s Adult Transition,” “Dysfunctional Families,” “Self-Esteem,” “Assertiveness  
Training,” “Stress and Burnout,” “Healing Mother-Daughter Relationships”

*Missionary Church (Women’s Group):* “Giving and Receiving Encouragement,” “Social Involvement and the  
Church,” “Women’s Friendship,” “Caring”

*Santa Barbara Health Department, Nursing Staff:* “Team Building”

*Seasoned with Spice, Ventura:* “Developing and Understanding Rituals in Our Lives”

*Service Clubs--Kiwanis, Lions, Rotary:* “Child Sexual Abuse,” “Family Life,” “Discipline vs. Punishment”

*Tapestry Church of Ojai:* “Maintaining Friendships”

*U.S. Davis Extension:* “Stress and Burnout,” “Dysfunctional Families”

*Ventura County Child Abuse Council:* “False Memory Syndrome”

*Ventura County Superintendent of Schools*: “Parental Grief and the Special Needs Child” (Parents, Administrators), “Assertive Communication” (Parents, Colleagues, Administrators)

CONFERENCES AND SEMINARS:

“Adult Transitions”  
“Assertiveness Training”  
“Building Self-Esteem”  
“Caring About Everything”  
“Caring Relationships”  
“Co-Dependency”  
“Competency, Courage and Change” (coping with our lives and using our strengths)  
“Coping with the Problem You Can’t Solve”  
“Dealing with Burnout”  
“Dealing with Holiday Stress and Depression”  
“Depression”  
“Dysfunctional Families”  
“Forgiveness”  
“Having It All Without Falling Apart”  
“Healing the Mother-Daughter Relationship”  
“Mid-Life”  
“Rituals, Ceremonies and Celebrations” (a way of acknowledging transitions in our lives)  
“Stress and Burnout”  
“Stress Management”  
“The Parent Who Is With You Always”  
“Treating the Neglectful Family”  
“Worship”

(Rev. 5-13-2010)