

Curriculum Vitae

RUSSELL CARLETON SMELLEY

Work Address

Westmont College, 955 La Paz Road
Santa Barbara, CA 93108
(805) 565-6108

Education

May 1979 Med, Education/Physical Education, University of Richmond
May 1978 BA, English & Physical Education, University of Richmond
June 1973 Graduate Prince George High School, Prince George, Virginia

Professional Experience

September 1979 to present Westmont College, Santa Barbara, California
Tenured and promoted to Associate Professor, Kinesiology, September 1985
Head Coach Cross Country/Track & Field - Men & Women
Promoted to Full Professor, Kinesiology, Spring 2000

January 1978 to May 1979 University of Richmond, Virginia
Graduate Assistant in Physical Education Department

September 1977 to May 1979 University of Richmond, Virginia
Head Coach Women's Cross Country/Track & Field
Assistant Coach Men's Track & Field

September to December 1977 Robious Junior High, Chesterfield, Virginia
Student Teacher for certification in English, Speech, Health and Physical Education

Professional Responsibilities

Coordinator, Westmont Summer Camps and Facilities, 1998 to present
Annual academic student advising for freshmen and Kinesiology majors
Annual athletic scholarship fundraising and student recruitment
Facilities Coordinator - Kinesiology & Athletics, 1992 to 2000
Associate Athletic Director, 1988 to 1993
Westmont Faculty Budget & Salary Committee, 1990-93
Westmont Faculty Personnel Committee for Tenure and Promotion, 1987-89, 1998-2000
Westmont Task Force on Faculty Load, 1981-83
NAIA National Cross Country Coaches Association Officer, 1988-96
NAIA National Championship Committees for Cross Country/Track & Field, 1985 to present
Chairman, Golden State Athletic Conference Coaches Committee, 1991-94
Chairman, NAIA District III Cross Country/Track & Field Committee, 1983-87

Delegate for NAIA to The Athletics Congress convention, 1984-89

Professional Performances/Experiences

Director, Westmont Track & Field Summer Camp, ages 5-12, 1994
Director, Santa Barbara Speed Camp, 1994
Produced Westmont Cross Country/Track & Field Alumni History, 1990
Meet Director, Santa Barbara Easter Relays, 1989-1998
Meet Director, Golden State Conference Track & Field Championship, 1990, 1993, 1997, 2001
Meet Director, NAIA District III Track & Field Championship, 1982, 1984, 1988, 1991, 1994
Meet Director, NAIA District III Cross Country Championship, 1984, 1985, 1987
Meet Director, Westmont Warrior Relays, 1980-1987
Golden State Conference Cross Country Men's Champions, 1986, 1987, 1997
Golden State Conference Cross Country Women's Champions, 1987, 1989, 1990, 1991, 1992, 1993, 1995, 1996, 1997, 1998
NAIA District III Cross Country Men's Champions, 1986, 1987
NAIA District III Cross Country Women's Champions, 1982, 1983, 1987, 1989, 1990, 1991, 1992, 1993
Meet Director, Virginia Collegiate Women's Track Championship, 1978, 1979

Memberships

American Alliance of Health, Physical Education, Recreation and Dance
American Association of Health Educators
NAIA Cross Country Coaches Association
USA Track & Field Coaches Association
USA Track & Field Levels I & II certified coach, 1987, 1992

Classroom Instruction Experience

Adaptives & Correctives, Badminton, Squash, Care & Conditioning of Injuries, Fencing, Team Handball, Fitness for Life, Football, Tennis, Health Education for Teachers, Gymnastics, Volleyball, Motor Learning, Pickleball, Weight Training, Nutrition for Fitness, Racquetball, Theory & Technique of Track & Field, Soccer, Personal Health & Wellness, Theory of Coaching

CURRENT TEACHING EMPHASIS IN HEALTH AND WELLNESS

Awards and Honors

Teacher of the Year -Social Sciences- Westmont College, 1988,2002

Inductee NAIA Hall of Fame as Cross Country Coach, November 1999
NAIA Cross Country National Coach of the Year, 1995
GSAC Cross Country Coach of the Year – Men, 1986, 1987, 1997
GSAC Cross Country Coach of the Year – Women, 1987, 1989, 1990, 1991, 1992, 1993, 1995, 1996, 1997, 1998
NAIA Far West Regional Indoor Coach of the Year, 2002

GSAC Women's Track & Field Coach of the Year, 1996

Coach of the Year, NAIA District III Men's Cross Country, 1986, 1987

Coach of the Year. NAIA District III Women's Cross Country, 1982, 1983, 1987, 1989, 1990, 1991, 1992, 1993

Omicron Delta Kappa Inductee - University of Richmond, 1979

Community Involvement

Speaker at Santa Barbara Athletic Round Table luncheons annually

Guest speaker UC Santa Barbara Team Sports class, 1993 – 1999

Guest speaker UC Santa Barbara Sociology of Sport class, 1999

Speaker at Santa Barbara Christian School, 1988, 1994, 1998

Presentation Nordhoff High School Cross Country Team, 1992-1994

Board Member - Club West Master's Track & Field, 1993 to 1999

Track & Field Clinics for Santa Barbara Homeschoolers, 1992-1994