

## VITAE

Glenn P. Town  
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Santa Barbara, CA 93108  
805-565-7120

### EDUCATION

- 1981 Ph.D., Applied (Exercise) Physiology, Kent State Univ., Kent, OH
- 1976 M.S., Physical Education, Kent State Univ., Kent, OH
- 1975 B.S., Physical Education, Oral Roberts Univ., Tulsa, OK

### PROFESSIONAL EXPERIENCE

- 2004 - Present. Professor, Kinesiology Dept.; Department Chair,  
Westmont College, Santa Barbara, CA
- 2003 - 2004 Professor, Kinesiology Dept.,  
Westmont College, Santa Barbara, CA
- 2002 - 2003 Professor, Kinesiology Dept.; Department Chair,  
Wheaton College, Wheaton IL.
- 1981 - 2002 Professor, Kinesiology Dept.; Director, Sports and Recreation  
Complex; Head Men's and Women's Cross Country, Assistant Men's and  
Women's Track - Wheaton College, Wheaton IL.
- 1992 - 2000 Director, Honey Rock Camp (Owned and operated by  
Wheaton College), Three Lakes, WI.
- 1985 - 1990 Adjunct Professor, Automotive Technology Department, College of  
DuPage (Glen Ellyn, IL).
- 1979 - 1981 Developed and directed City of St. Paul Firehouse Fitness  
Program, St. Paul, MN.

### PUBLICATIONS

Town, Glenn P. and Todd Kearney. Swim, Bike, Run. Human Kinetics Pub., Champaign, IL., 221 pages, 1994.

Town, Glenn P. and David A. Essig. "Cytochrome oxidase in muscle of endurance-trained rats: subunit mRNA contents and heme synthesis". J. Appl. Physiol. 74(1):192-196, 1993.

Town, Glenn P. and D. Essig. "Regulation of Mitochondrial Gene Expression in Skeletal Muscle of Endurance Trained Rats." (abstract) Med. Sci. Sports Exerc. 24(2):50, 1992.

Town, Glenn P. and E. Russell. Foundations of Physical Fitness/Wellness. Kendall/Hunt Pub., Dubuque, 4th ed. 174 pages, 1990

Town, Glenn P. The Science of Triathlon Training and Competition. Human Kinetics Pub., Champaign, IL 1985, 148 pages. Translated in Portuguese, 1988.

1981 - 1993 Published four research articles in refereed journals and nine abstracts. Advised six masters thesis (available on request).

## **ATHLETIC EXPERIENCE**

2000 - Present Competed in numerous mountain bike and road bike races, most notable, 1<sup>st</sup> place, Masters 55+ California/Nevada State Road Cycling Climbing Championships (September, 2004 and 2005).

1981 - 1987 Competed in numerous triathlons, most notable, 24th place, 1983 IronMan World Triathlon Championships, Hawaii.

1972 - 1979 Competed in 10 full marathons, placing 4th to 22nd, PR: 2:38.15.

1965 - 1967 Illinois State High School 2 mile runner-up. Member, Second place Illinois state high school cross country championship.

## **HONORS, AWARDS AND MEMBERSHIPS**

Recipient, 1999 - 2000 Senior Teaching Achievement Award, Wheaton College.

Fellow, American College of Sports Medicine, 1991.

Outstanding Young Men of America recipient - 1984.

First recipient for the Annual Alumni Award for physical education majors - Oral Roberts University - 1983.

Teaching Fellowship, Kent State University, 1978 - 79.

Bronze Star Medal - United States Army, Vietnam, April 1972.

Athletic Scholarship, Eastern Kentucky University 1967 - 1969.

All State High School Track recognition, 1967.

## **INSTITUTIONAL SERVICE**

Related to Kinesiology Department, Westmont College

Kinesiology Department Chair

Member, Athletics Task Force Committee

Member, Academic Senate, Executive Senate

Chair, Institutional Review Board

Brought five new classes to the college.

Advisor to students concentrating in the Allied Health Science track.

Related to Kinesiology Department, Wheaton College

Kinesiology Department Chair

Chaired Technology committee for the Eckert Recreational Center

Advisor to students concentrating in the Allied Health Science track.

Chaired Athletic Training Committee

Chaired Review of Tidal Waves Swim Programs

Chaired Review of Club Sports

Related to Honey Rock

Budget growth: \$800,000 (1992) - \$1,800,000 (1999)

Fundraising: \$40,000 - \$550,000/yr

Facility enhancement:

Chrouser Center (8,500 s.f. @ \$1,500,000)

Bike shop, craft shop, office, staff housing, land acquisition, High

Road Base Camp, library and learning resource center, High School

Center, Hemwall Heritage Center, Voyageur Center renovation,  
Outdoor Education Center

Related to Wheaton College:

Member, Department Chairs committee

Member, Events Scheduling Committee

Past member, Athletics Task Force

Past member, Faculty Personnel Committee

Past member, Faculty Development committee

Past member, Health and Safety committee

Past member, Marketing committee

References available upon request.