Safe Work Practices

- Employees must use proper lifting techniques and avoid overexertion when lifting packages.
- A hand cart must be used for heavy loads.
- Seat belts and shoulder harnesses must be worn at all times.
- Employees must not exceed the speed limit safe for conditions.
- Employees must practice defensive driving.
- Employees must park in legal spaces and not obstruct traffic.
- Delivery employees must not consume alcoholic beverages or use any intoxicating substance before or during work.
- Vehicle must be locked when unattended to avoid criminal misconduct.
- Drivers should park in well-lighted areas and/or near entrances to avoid criminal misconduct.