

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Women 100 Meter Dash**

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Stadium: 11.79 1970 Nabel Fergerson, West Coast Jets
Westmont: 12.05 5/11/2013 Amanda Chevalier, Westmont
GSAC: 11.69 1994 Fatimat Yusef, Azusa Pacific
12.05 A A Standard
12.20 B B Standard

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Name Year School Prelims H#
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Preliminaries

	Name	Year	School	Prelims	H#
1	838 Lee, Lauren		William Jessup	12.19QB	2
2	774 Herrera, Madison		Westmont	12.36Q	3
3	340 Heisinger, Emily		Biola	13.00Q	1
4	349 Murray, Briana		Biola	12.84Q	2
5	428 Ramey, Ashley		Vanguard	12.97Q	3
6	766 Cole, Alyssa		Westmont	13.08Q	1
7	781 Ledbetter, Sophia		Westmont	13.12q	2
8	419 Blankenship, Gionn		Vanguard	13.21q	1
9	842 Perry, Alyssa		William Jessup	13.42	3
10	764 Bowers, Dana		Westmont	13.43	3
10	797 Stumme, Sarah		Westmont	13.43	2
12	841 Perez, Yvette		William Jessup	13.52	2
13	470 Thompson, Tess		The Masters	13.56	3
14	306 Jackson, Desiree		Arizona Christian	13.69	1
15	324 Biltonen, Lauren		Biola	13.71	2
16	308 Martinka, Katy		Arizona Christian	13.85	1
17	326 Candelaria, Clavel		Biola	14.41	1

Women 100 Meter Dash

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=====
Stadium: 11.79 1970 Nabel Fergerson, West Coast Jets
Westmont: 12.05 5/11/2013 Amanda Chevalier, Westmont
GSAC: 11.69 1994 Fatimat Yusef, Azusa Pacific
12.05 A A Standard
12.20 B B Standard

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Name Year School Finals Points
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Finals

	Name	Year	School	Finals	Points
1	838 Lee, Lauren		William Jessup	12.46	10
2	774 Herrera, Mad		Westmont	12.68	8
3	428 Ramey, Ashle		Vanguard	13.23	6
4	349 Murray, Bria		Biola	13.27	5
5	340 Heisinger, E		Biola	13.29	4
6	419 Blankenship,		Vanguard	13.40	3
7	781 Ledbetter, S		Westmont	13.41	2
8	766 Cole, Alyssa		Westmont	13.71	1

Preliminaries

	Name	Year	School
9	842 Perry, Alyss		William Jessup
10	764 Bowers, Dana		Westmont
10	797 Stumme, Sara		Westmont
12	841 Perez, Yvett		William Jessup
13	470 Thompson, Te		The Masters
14	306 Jackson, Des		Arizona Christian
15	324 Biltonen, La		Biola
16	308 Martinka, Ka		Arizona Christian
17	326 Candelaria,		Biola

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Women 200 Meter Dash**

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Stadium: 23.85 4/4/2014 Brianne Theisen-Eaton, Nike
Westmont: 24.39 5/11/2013 Elysia Hodges, Westmont
GSAC: 23.80 1994 Fatimat Yeseef, Azusa Pacific
      24.80 A A Standard
      25.05 B B Standard
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Name	Year	School	Prelims	H#	
1	340	Heisinger, Emily	Biola	25.81Q	2
2	774	Herrera, Madison	Westmont	26.21Q	3
3	792	Phipps, Taryn	Westmont	26.44Q	1
4	796	Storkson, Karlie	Westmont	25.91Q	2
5	306	Jackson, Desiree	Arizona Christian	27.50Q	1
6	766	Cole, Alyssa	Westmont	27.61Q	3
7	838	Lee, Lauren	William Jessup	26.18q	2
8	349	Murray, Briana	Biola	26.98q	2
9	793	Sheehan, Isabel	Westmont	27.70	1
10	470	Thompson, Tess	The Masters	27.99	3
11	842	Perry, Alyssa	William Jessup	28.11	3
12	304	Heaney, Kailaa	Arizona Christian	28.29	2
13	305	Hooks, Asaiah	Arizona Christian	28.69	1
14	308	Martinka, Katy	Arizona Christian	29.60	1
15	324	Biltonen, Lauren	Biola	29.74	3
16	326	Candelaria, Clavel	Biola	29.86	2
17	784	Lyttkens, Becca	Westmont	32.99	3
18	303	Evans, Kiersten	Arizona Christian	33.89	1

Women 200 Meter Dash

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=====
Stadium: 23.85 4/4/2014 Brianne Theisen-Eaton, Nike
Westmont: 24.39 5/11/2013 Elysia Hodges, Westmont
GSAC: 23.80 1994 Fatimat Yeseef, Azusa Pacific
      24.80 A A Standard
      25.05 B B Standard
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Name	Year	School	Finals	Points	
Finals					
1	774	Herrera, Mad	Westmont	25.58	10
2	792	Phipps, Tary	Westmont	26.09	8
3	340	Heisinger, E	Biola	26.18	6
4	796	Storkson, Ka	Westmont	26.32	5
5	838	Lee, Lauren	William Jessup	26.86	4
6	349	Murray, Bria	Biola	27.45	3
7	306	Jackson, Des	Arizona Christian	27.87	2
8	766	Cole, Alyssa	Westmont	28.44	1
Preliminaries					
9	793	Sheehan, Isa	Westmont		
10	470	Thompson, Te	The Masters		
11	842	Perry, Alyss	William Jessup		
12	304	Heaney, Kail	Arizona Christian		
13	305	Hooks, Asaia	Arizona Christian		
14	308	Martinka, Ka	Arizona Christian		
15	324	Biltonen, La	Biola		
16	326	Candelaria,	Biola		
17	784	Lyttkens, Be	Westmont		
18	303	Evans, Kiers	Arizona Christian		

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Women 400 Meter Dash**

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=====
Stadium:  54.50  2/21/2015  Elysia (Hodges) Mitchell, Westmont
Westmont:  53.77  5/25/2013  Elyshia Hodges, Westmont
GSAC:      53.55  2004      Miema Golphin, Azusa Pacific
           56.90  A A Standard
           57.36  B B Standard

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Name	Year	School	Prelims	H#	
1	792	Phipps, Taryn	Westmont	59.62Q	2
2	796	Storkson, Karlie	Westmont	59.68Q	1
3	340	Heisinger, Emily	Biola	1:00.73Q	1
4	465	Hickey, Janae	The Masters	1:02.31Q	2
5	309	Moore, Charlotte	Arizona Christian	1:02.74q	1
6	325	Boen, McKenna	Biola	1:03.95q	2
7	306	Jackson, Desiree	Arizona Christian	1:04.53q	1
8	793	Sheehan, Isabel	Westmont	1:05.02q	2
9	304	Heaney, Kailaa	Arizona Christian	1:07.17	1
10	302	Evans, Gabrielle	Arizona Christian	1:07.51	2
11	357	Yee, Jessica	Biola	1:11.06	2
12	303	Evans, Kiersten	Arizona Christian	1:21.16	2
--	305	Hooks, Asaiah	Arizona Christian	DNF	1

Women 400 Meter Dash

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=====
Stadium:  54.50  2/21/2015  Elysia (Hodges) Mitchell, Westmont
Westmont:  53.77  5/25/2013  Elyshia Hodges, Westmont
GSAC:      53.55  2004      Miema Golphin, Azusa Pacific
           56.90  A A Standard
           57.36  B B Standard

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Name	Year	School	Finals	Points	
Finals					
1	792	Phipps, Tary	Westmont	57.18 B	10
2	796	Storkson, Ka	Westmont	57.85	8
3	340	Heisinger, E	Biola	59.60	6
4	309	Moore, Charl	Arizona Christian	1:00.82	5
5	465	Hickey, Jana	The Masters	1:01.94	4
6	325	Boen, McKenn	Biola	1:02.75	3
7	306	Jackson, Des	Arizona Christian	1:03.00	2
8	793	Sheehan, Isa	Westmont	1:03.44	1
Preliminaries					
9	304	Heaney, Kail	Arizona Christian		
10	302	Evans, Gabri	Arizona Christian		
11	357	Yee, Jessica	Biola		
12	303	Evans, Kiers	Arizona Christian		
--	305	Hooks, Asaia	Arizona Christian		

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016

Westmont College

Results

Women 800 Meter Run

Name	Year	School	Prelims	H#	
Stadium:	2:07.47	4/4/2015	Barbara Nwaba, Santa Barbara Track C		
Westmont:	2:11.76	4/13/2013	Theresa Nealon, Westmont		
GSAC:	2:10.27	2009	Jamie Canterbury, Azusa Pacific		
	2:14.50	A A Standard			
	2:16.00	B B Standard			
1	344	Hunt, Kellian	Biola	2:18.05Q	3
2	348	Murray, Alisa	Biola	2:20.86Q	2
3	336	Gasner, Anika	Biola	2:23.25Q	4
4	329	Clark, Michelle	Biola	2:26.23Q	1
5	309	Moore, Charlotte	Arizona Christian	2:20.05q	3
6	445	Thompson, Megan	Menlo College	2:22.75q	2
7	777	Jensen, Janna	Westmont	2:23.63q	2
8	762	Adams, Alexandria	Westmont	2:26.62q	4
9	343	Hunsaker, Hannah	Biola	2:27.01	1
10	427	Porter, Bayleigh	Vanguard	2:28.29	1
11	379	Rivera, Siena	Hope Int'l	2:28.87	3
12	778	Johnson, Ali	Westmont	2:28.97	1
13	844	Richmond, Allyson	William Jessup	2:29.82	3
14	307	Jenkins, Nicole	Arizona Christian	2:32.08	3
15	465	Hickey, Janae	The Masters	2:32.26	4
16	798	White, Abigail	Westmont	2:32.56	2
17	763	Alexander, Hailey	Westmont	2:34.75	2
18	769	Crosby, Noelle	Westmont	2:34.86	4
19	848	Taylor, Amber	William Jessup	2:37.50	2
20	785	McCall, Jordan	Westmont	2:37.77	4
21	333	Doherty, Kathryn	Biola	2:38.78	1
22	837	Barthelmes, Amanda	William Jessup	2:39.10	4
23	302	Evans, Gabrielle	Arizona Christian	2:41.02	2
24	461	Bishop, Rylee	The Masters	2:44.50	4
25	378	Langrell, Janna	Hope Int'l	2:45.71	1
26	350	Peterson, Courtney	Biola	2:46.17	3
27	377	Butler, Taylor	Hope Int'l	2:47.00	1
28	300	Allen, Jenna	Arizona Christian	2:50.75	3
29	376	Ackley, Ronda	Hope Int'l	3:18.84	3
--	327	Chaires, Stephanie	Biola	DQ	1

Women 800 Meter Run

Name	Year	School	Finals	Points	
Stadium:	2:07.47	4/4/2015	Barbara Nwaba, Santa Barbara Track		
Westmont:	2:11.76	4/13/2013	Theresa Nealon, Westmont		
GSAC:	2:10.27	2009	Jamie Canterbury, Azusa Pacific		
	2:14.50	A A Standard			
	2:16.00	B B Standard			
Finals					
1	336	Gasner, Anik	Biola	2:13.90 A	10
2	309	Moore, Charl	Arizona Christian	2:14.64 B	8
3	344	Hunt, Kellia	Biola	2:15.42 B	6
4	348	Murray, Alis	Biola	2:17.01	5
5	329	Clark, Miche	Biola	2:18.48	4
6	445	Thompson, Me	Menlo College	2:21.01	3
7	762	Adams, Alexa	Westmont	2:22.07	2

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****...Women 800 Meter Run**

8	777 Jensen, Jann	Westmont	2:24.85	1
Preliminaries				
9	343 Hunsaker, Ha	Biola		
10	427 Porter, Bayl	Vanguard		
11	379 Rivera, Sien	Hope Int'l		
12	778 Johnson, Ali	Westmont		
13	844 Richmond, Al	William Jessup		
14	307 Jenkins, Nic	Arizona Christian		
15	465 Hickey, Jana	The Masters		
16	798 White, Abiga	Westmont		
17	763 Alexander, H	Westmont		
18	769 Crosby, Noel	Westmont		
19	848 Taylor, Ambe	William Jessup		
20	785 McCall, Jord	Westmont		
21	333 Doherty, Kat	Biola		
22	837 Barthelmes,	William Jessup		
23	302 Evans, Gabri	Arizona Christian		
24	461 Bishop, Ryle	The Masters		
25	378 Langrell, Ja	Hope Int'l		
26	350 Peterson, Co	Biola		
27	377 Butler, Tayl	Hope Int'l		
28	300 Allen, Jenna	Arizona Christian		
29	376 Ackley, Rond	Hope Int'l		
--	327 Chaires, Ste	Biola		

Women 1500 Meter Run

Stadium:	4:24.46	4/30/2011	LeAne Fogg, Cal Poly SLO
Westmont:	4:31.21	4/19/2012	Kate Stuart, Westmont
GSAC:	4:26.96	2009	Jamie Canterbury, Azusa Pacific
	4:38.50	A A Standard	
	4:42.50	B B Standard	

Name	Year	School	Prelims	H#	
1	344	Hunt, Kellian	Biola	4:49.54Q	2
2	336	Gasner, Anika	Biola	4:49.78Q	1
3	468	Pedrick, Morgan	The Masters	4:49.90Q	1
4	332	Dawson, Lyndee	Biola	4:58.91Q	2
5	343	Hunsaker, Hannah	Biola	4:51.39Q	1
6	327	Chaires, Stephanie	Biola	4:59.07Q	2
7	788	Meyers, Jessica	Westmont	4:51.78q	1
8	461	Bishop, Rylee	The Masters	4:58.99q	1
9	348	Murray, Alisa	Biola	4:59.10q	2
10	345	Kung, Ilima	Biola	4:59.13q	2
11	346	Ledesma, Melissa	Biola	4:59.53q	1
12	422	Dorn, Keili	Vanguard	5:11.01q	1
13	307	Jenkins, Nicole	Arizona Christian	5:11.27	2
14	378	Langrell, Jenna	Hope Int'l	5:14.44	2
15	379	Rivera, Siena	Hope Int'l	5:16.62	2
16	837	Barthelmes, Amanda	William Jessup	5:18.38	1
17	377	Butler, Taylor	Hope Int'l	5:21.58	2
18	848	Taylor, Amber	William Jessup	5:26.70	1
19	429	Soholt, Lauren	Vanguard	5:32.77	2
20	836	Arzon, Stephanie	William Jessup	5:41.12	1
21	300	Allen, Jenna	Arizona Christian	5:44.13	1

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****....Women 1500 Meter Run**

22	771 Erickson, Morgan	Westmont	5:45.44	2
23	787 McKee, Alyssa	Westmont	5:54.61	2
24	444 Dhariwal, Antarpre	Menlo College	6:06.88	1
25	376 Ackley, Ronda	Hope Int'l	6:26.22	2

Women 1500 Meter Run

Stadium:	4:24.46	4/30/2011	LeAne Fogg, Cal Poly SLO
Westmont:	4:31.21	4/19/2012	Kate Stuart, Westmont
GSAC:	4:26.96	2009	Jamie Canterbury, Azusa Pacific
	4:38.50	A A Standard	
	4:42.50	B B Standard	

Name	Year	School	Finals	Points
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Finals

1	336 Gasner, Anik	Biola	4:28.56 A	10
2	344 Hunt, Kellia	Biola	4:29.31 A	8
3	332 Dawson, Lynd	Biola	4:34.13 A	6
4	788 Meyers, Jess	Westmont	4:38.71 B	5
5	343 Hunsaker, Ha	Biola	4:40.98 B	4
6	468 Pedrick, Mor	The Masters	4:43.24	3
7	348 Murray, Alis	Biola	4:44.00	2
8	327 Chaires, Ste	Biola	4:45.04	1
9	345 Kung, Ilima	Biola	4:51.35	
10	346 Ledesma, Mel	Biola	5:00.97	
11	422 Dorn, Keili	Vanguard	5:08.26	

Preliminaries

8	461 Bishop, Ryle	The Masters		
13	307 Jenkins, Nic	Arizona Christian		
14	378 Langrell, Ja	Hope Int'l		
15	379 Rivera, Sien	Hope Int'l		
16	837 Barthelmes,	William Jessup		
17	377 Butler, Tayl	Hope Int'l		
18	848 Taylor, Ambe	William Jessup		
19	429 Soholt, Laur	Vanguard		
20	836 Arzon, Steph	William Jessup		
21	300 Allen, Jenna	Arizona Christian		
22	771 Erickson, Mo	Westmont		
23	787 McKee, Alyss	Westmont		
24	444 Dhariwal, An	Menlo College		
25	376 Ackley, Rond	Hope Int'l		

Women 5000 Meter Run

Stadium:	17:03.11	4/30/2011	Breanne Strenkowski, UC Santa Bar
Westmont:	17:09.72	3/16/2012	Kate Stuart, Westmont
GSAC:	16:45.84	4/30/2011	Lauren Jimison, Azusa Pacific
	17:36.30	A A Standard	
	17:50.00	B B Standard	

Name	Year	School	Finals	Points
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Finals

1	464 Frankian, Ka	The Masters	17:10.42 A	10
2	330 Croy, Stepha	Biola	17:55.05	8
3	788 Meyers, Jess	Westmont	18:05.90	6

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****....Women 5000 Meter Run**

4	329 Clark, Miche	Biola	18:11.53	5
5	344 Hunt, Kellia	Biola	18:15.42	4
6	466 Ingoldsby, R	The Masters	18:20.62	3
7	799 Williams, Em	Westmont	18:33.06	2
8	345 Kung, Ilima	Biola	18:39.23	1
9	353 Ransom, Emil	Biola	18:40.71	
10	347 Martin, Mika	Biola	19:01.61	
11	346 Ledesma, Mel	Biola	19:11.42	
12	770 Darnbrough,	Westmont	19:17.46	
13	379 Rivera, Sien	Hope Int'l	19:28.19	
14	378 Langrell, Ja	Hope Int'l	19:28.63	
15	800 Wood, Olivia	Westmont	19:32.97	
16	377 Butler, Tayl	Hope Int'l	19:43.71	
17	429 Scholt, Laur	Vanguard	20:43.93	
18	839 Leonhardt, M	William Jessup	21:38.70	

Women 10000 Meter Run

Stadium:	35:49.34	4/23/2010	Lauren Jimison, Azusa Pacific
Westmont:	36:19.67	4/15/1994	Misty Allen, Westmont
GSAC:	35:49.34	2010	Lauren Jimison, Azusa Pacific
	37:30.00	A A Standard	
	38:18.00	B B Standard	

Name	Year	School	Finals	Points
1	464	Frankian, Ka	The Masters	37:26.79 A 10
2	799	Williams, Em	Westmont	40:39.76 8
3	469	Rush, Rachel	The Masters	41:07.37 6
4	800	Wood, Olivia	Westmont	41:22.23 5
5	846	Schmidt, Han	William Jessup	41:40.58 4
6	355	Waller, Kail	Biola	41:47.21 3
7	354	Thomas, Kell	Biola	41:53.47 2
8	334	Eng, Delanie	Biola	41:57.01 1
9	770	Darnbrough,	Westmont	42:03.78
10	847	Shykowski, B	William Jessup	42:08.12

Women 100 Meter Hurdles

Stadium:	12.94	4/1/2016	Nia Ali, Unattached
Westmont:	14.04	5/9/2009	Lorin Milotta, Westmont
GSAC:	13.81	2000	Robin Leafblad, Point Loma
	14.60	A A Standard	
	15.05	B B Standard	

Name	Year	School	Prelims	H#
Preliminaries				
1	774	Herrera, Madison	Westmont	15.02QB 1
2	767	Collier, Becky	Westmont	15.05QB 2
3	776	Holding, Kristan	Westmont	15.07Q 1
4	339	Harabedian, Elyse	Biola	16.39Q 2
5	428	Ramey, Ashley	Vanguard	16.70q 1
6	790	Mohrhoff, Kathryn	Westmont	16.71q 1
7	840	Parkhouse, Hailey	William Jessup	16.94q 1
7	420	Chambers, Ayana	Vanguard	16.94q 1
9	324	Biltonen, Lauren	Biola	17.08 2

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****....Women 100 Meter Hurdles**

10	789 Mitchell, Sarai	Westmont	17.19	2
11	337 Godinez, Amber	Biola	19.41	2
12	301 Anderson, Kailin	Arizona Christian	19.44	2

Women 100 Meter Hurdles

Stadium:	12.94	4/1/2016	Nia Ali, Unattached
Westmont:	14.04	5/9/2009	Lorin Milotta, Westmont
GSAC:	13.81	2000	Robin Leafblad, Point Loma
	14.60	A A Standard	
	15.05	B B Standard	

Name	Year	School	Finals	Points
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Finals

1	774 Herrera, Mad	Westmont	15.17	10
2	776 Holding, Kri	Westmont	15.20	8
3	767 Collier, Bec	Westmont	15.27	6
4	840 Parkhouse, H	William Jessup	16.63	5
5	428 Ramey, Ashle	Vanguard	16.69	4
6	420 Chambers, Ay	Vanguard	16.73	3
7	790 Mohrhoff, Ka	Westmont	16.86	2
8	339 Harabedian,	Biola	18.90	1

Preliminaries

9	324 Biltonen, La	Biola
10	789 Mitchell, Sa	Westmont
11	337 Godinez, Amb	Biola
12	301 Anderson, Ka	Arizona Christian

Women 400 Meter Hurdles

Stadium:	57.83	3/19/2016	Jen Cotten, Canada
Westmont:	59.16	4/5/2014	Elysia Hodges, Westmont
GSAC:	1:01.06	1988	Susanne Johansson, Point Loma Nazare
	1:03.30	A A Standard	
	1:04.70	B B Standard	

Name	Year	School	Prelims	H#
1	840 Parkhouse, Hailey	William Jessup	1:06.67Q	2
2	782 Lee, Julia	Westmont	1:10.28Q	1
3	325 Boen, McKenna	Biola	1:10.31Q	2
4	790 Mohrhoff, Kathryn	Westmont	1:11.55Q	1
5	789 Mitchell, Sarai	Westmont	1:10.52q	2
6	337 Godinez, Amber	Biola	1:14.02q	1
7	428 Ramey, Ashley	Vanguard	1:15.24q	2
8	423 Finch, Sarah	Vanguard	1:18.35q	1
9	420 Chambers, Ayana	Vanguard	1:20.62	1
10	794 Smith, Caitlin	Westmont	1:21.29	1

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Women 400 Meter Hurdles**

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Stadium:    57.83  3/19/2016  Jen Cotten, Canada
Westmont:   59.16  4/5/2014   Elysia Hodges, Westmont
GSAC:      1:01.06  1988       Susanne Johansson, Point Loma Naza
           1:03.30  A A Standard
           1:04.70  B B Standard

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Name          Year School          Finals          Points
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Finals

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1  840 Parkhouse, H      William Jessup      1:04.75          10
2  782 Lee, Julia        Westmont            1:08.46           8
3  789 Mitchell, Sa      Westmont            1:08.88           6
4  325 Boen, McKenn      Biola               1:09.99           5
5  337 Godinez, Amb      Biola               1:10.24           4
6  790 Mohrhoff, Ka      Westmont            1:12.85           3
7  428 Ramey, Ashle      Vanguard            1:14.95           2
8  423 Finch, Sarah      Vanguard            1:17.73           1

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Preliminaries

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9  420 Chambers, Ay      Vanguard
10 794 Smith, Caitl      Westmont

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Women 3000 Meter Steeplechase

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Stadium:    10:44.95  4/30/2012  Andrea Jacobs, UC Santa Barbara
Westmont:   11:17.60  4/9/2011   Angelina Gonzalez, Westmont
GSAC:      10:54.30  4/29/2011  Kelsey Gasner, Biola
           11:18.00  A A Standard
           11:27.00  B B Standard

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Name          Year School          Finals          Points
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Finals

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1  332 Dawson, Lynd      Biola               10:54.43 A          10
2  463 Frankian, Ab      The Masters         11:02.64 A           8
3  330 Croy, Stepha      Biola               11:17.18 A           6
4  466 Ingoldsby, R      The Masters         11:35.78           5
5  345 Kung, Ilima       Biola               11:47.44           4
6  353 Ransom, Emil      Biola               11:51.31           3
7  780 Lara, Nadine      Westmont            12:32.02           2

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Women 4x100 Meter Relay

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School          Finals          Points
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1 William Jessup 'A'          49.56          10
  1) 841 Perez, Yvette
  3) 842 Perry, Alyssa
  2) 840 Parkhouse, Hailey
  4) 838 Lee, Lauren
2 Westmont 'A'              49.88           8
  1) 766 Cole, Alyssa
  3) 764 Bowers, Dana
  2) 792 Phipps, Taryn
  4) 774 Herrera, Madison
3 Vanguard 'A'              50.77           6
  1) 419 Blankenship, Gionni
  3) 420 Chambers, Ayana
  2) 428 Ramey, Ashley
  4) 421 Cooper, Lauryn
4 Biola 'A'                 50.82           5
  1) 340 Heisinger, Emily
  3) 328 Clark, Christina
  2) 337 Godinez, Amber
  4) 349 Murray, Briana
5 Arizona Christian 'A'     52.30           4

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Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****....Women 4x100 Meter Relay**

- | | |
|-----------------------|-------------------------|
| 1) 304 Heaney, Kailaa | 2) 308 Martinka, Katy |
| 3) 305 Hooks, Asaiah | 4) 306 Jackson, Desiree |

Women 4x400 Meter Relay

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=====
Stadium:  3:41.14  3/21/2015  , Santa Barbara Track Club
           B Nwaba, S Skipper, L Schwartz, L Lettow
Westmont:  3:47.21  3/7/2015  , Westmont
           Erickson, Koopmans, Phipps, Mitchell
GSAC:     3:49.99  4/27/2013  Westmont, Westmont
           K Storkson, A Chevalier, T Nealon, E Hodges
           3:55.00  A A Standard
           3:56.80  B B Standard
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School	Finals	Points
1 Westmont 'A'	3:56.53 B	10
1) 796 Storkson, Karlie	2) 767 Collier, Becky	
3) 774 Herrera, Madison	4) 792 Phipps, Taryn	
2 William Jessup 'A'	4:02.44	8
1) 845 Richmond, Jennah	2) 840 Parkhouse, Hailey	
3) 844 Richmond, Allyson	4) 848 Taylor, Amber	
3 Biola 'A'	4:06.99	6
1) 325 Boen, McKenna	2) 348 Murray, Alisa	
3) 343 Hunsaker, Hannah	4) 336 Gasner, Anika	
4 Arizona Christian 'A'	4:18.80	5
1) 304 Heaney, Kailaa	2) 302 Evans, Gabrielle	
3) 305 Hooks, Asaiah	4) 306 Jackson, Desiree	
5 Vanguard 'A'	4:19.44	4
1) 428 Ramey, Ashley	2) 427 Porter, Bayleigh	
3) 422 Dorn, Keili	4) 423 Finch, Sarah	

Women 4x800 Meter Relay

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=====
Stadium:  9:11.81  4/27/2013  , Biola
           A Hoverson, A Sciarra, K Hunt, A Gasner
Westmont:  9:12.40  5/25/1999  , Westmont
           Miller, Baisch, Fitsgerald, Gustafson
GSAC:     9:10.17  4/29/2011  , Azusa Pacific
           9:25.00  A A Standard
           9:30.60  B B Standard
=====

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School	Finals	Points
1 Biola 'A'	9:21.79 A	10
1) 344 Hunt, Kellian	2) 343 Hunsaker, Hannah	
3) 348 Murray, Alisa	4) 336 Gasner, Anika	
2 Vanguard 'A'	10:22.21	8
1) 427 Porter, Bayleigh	2) 422 Dorn, Keili	
3) 429 Soholt, Lauren	4) 423 Finch, Sarah	
3 Westmont 'A'	10:37.66	6
1) 763 Alexander, Hailey	2) 769 Crosby, Noelle	
3) 798 White, Abigail	4) 794 Smith, Caitlin	
4 Arizona Christian 'A'	10:46.09	5
1) 302 Evans, Gabrielle	2) 307 Jenkins, Nicole	
3) 300 Allen, Jenna	4) 309 Moore, Charlotte	

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Women High Jump**

Stadium: 1.88m 2/6/2016 Barbara Nwaba, Santa Barbara Track C
 Westmont: 1.78m 5/21/2015 Becky Collier, Westmont
 GSAC: 1.82m 1991 Latrese Johnson, Azusa Pacific
 1.68m A A Standard
 1.65m B B Standard

Name	Year	School	Finals	Points
1	767	Collier, Bec	Westmont	J1.75m A 10
2	776	Holding, Kri	Westmont	J1.60m 8
3	339	Harabedian,	Biola	J1.60m 6
4	341	Hoenecke, La	Biola	J1.60m 5
5	338	Grimm, Kalee	Biola	J1.55m 4
6	424	Kilgore, Dap	Vanguard	J1.50m 3
7	786	McCormick, M	Westmont	J1.45m 2
8	351	Powers, Madi	Biola	J1.40m 0.50
8	419	Blankenship,	Vanguard	J1.40m 0.50
10	470	Thompson, Te	The Masters	1.35m

Women Pole Vault

Stadium: 3.95m 3/30/2013 Lauren Kuntz, MIT
 Westmont: 3.65m 5/24/2002 Allison Knode, Westmont
 GSAC: 4.33m 2000 Lesa Kubishita, Point Loma Nazarene
 3.60m A A Standard
 3.50m B B Standard

Name	Year	School	Finals	Points
1	335	Falkenstein,	Biola	3.66m A 10
2	791	Packham, Han	Westmont	3.34m 8
3	764	Bowers, Dana	Westmont	3.19m 5.50
3	328	Clark, Chris	Biola	3.19m 5.50
5	467	Kindlund, El	The Masters	2.89m 3
5	775	Hill, Kaylee	Westmont	2.89m 3
5	462	Cole, Madiso	The Masters	2.89m 3

Women Long Jump

Stadium: 6.15m 4/2/2016 Lindsay Lettow, Santa Barbara Track
 Westmont: 5.85m 3/7/2009 Kasey Kearin, Westmont
 GSAC: 5.85m 2015 Alexis Dalton, Westmont
 5.65m A A Standard
 5.49m B B Standard

Name	Year	School	Finals	Points
1	774	Herrera, Mad	Westmont	5.72m A 10
2	776	Holding, Kri	Westmont	5.56m B 8
3	767	Collier, Bec	Westmont	5.40m 6
4	328	Clark, Chris	Biola	5.09m 5
5	797	Stumme, Sara	Westmont	4.97m 4
6	335	Falkenstein,	Biola	4.89m 3
7	351	Powers, Madi	Biola	4.73m 2
8	470	Thompson, Te	The Masters	4.62m 1
9	308	Martinka, Ka	Arizona Christian	4.45m
10	779	Kurtz, Megan	Westmont	4.39m
11	841	Perez, Yvett	William Jessup	4.24m

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Women Triple Jump**

=====

Stadium: 12.69m 4/30/2011 Jasmine Pickett, Cal Poly SLO
 Westmont: 12.10m 5/22/2009 Kasey Kearin, Westmont
 GSAC: 12.10m 2008 Natalie Friesen, Fresno Pacific
 11.60m A A Standard
 11.40m B B Standard

Name	Year	School	Finals	Points	
1	356	Wright, Tedd	Biola	11.36m	10
2	767	Collier, Bec	Westmont	10.86m	8
3	339	Harabedian,	Biola	10.38m	6
4	351	Powers, Madi	Biola	10.33m	5
5	328	Clark, Chris	Biola	10.31m	4
6	305	Hooks, Asaia	Arizona Christian	10.28m	3
7	776	Holding, Kri	Westmont	10.27m	2
8	790	Mohrhoff, Ka	Westmont	10.13m	1
9	308	Martinka, Ka	Arizona Christian	9.71m	
10	341	Hoenecke, La	Biola	9.52m	
11	798	White, Abiga	Westmont	9.42m	
12	841	Perez, Yvett	William Jessup	9.29m	
13	325	Boen, McKenn	Biola	9.16m	
14	797	Stumme, Sara	Westmont	9.06m	
15	775	Hill, Kaylee	Westmont	8.79m	
16	338	Grimm, Kalee	Biola	8.53m	

Women Shot Put

=====

Stadium: 15.06m 4/3/2015 Sharon Day-Monroe, ASICS
 Westmont: 14.38m 3/3/2001 Rebekah Reynolds, Westmont
 GSAC: 17.93m 2002 Vivian Chukwuemeka, Azusa Pacific
 13.50m A A Standard
 13.05m B B Standard

Name	Year	School	Finals	Points	
1	426	Perrigo, Lyd	Vanguard	12.33m	10
2	342	Hollinger, A	Biola	11.35m	8
3	331	Crumley, Meg	Biola	11.02m	6
4	310	Schneider, K	Arizona Christian	10.76m	5
5	772	Germann, Kri	Westmont	10.72m	4
6	843	Postle, Shan	William Jessup	10.09m	3
7	849	Trevizo, Bia	William Jessup	10.06m	2
8	425	Minnick, Kay	Vanguard	9.92m	1
9	767	Collier, Bec	Westmont	9.85m	
10	776	Holding, Kri	Westmont	9.51m	
11	773	Girod, Micha	Westmont	8.59m	
12	421	Cooper, Laur	Vanguard	8.18m	
13	768	Corrales, Ci	Westmont	7.85m	

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Women Discus Throw**

=====
 Stadium: 49.76m 4/30/2011 Jean Lightfoot, UC Santa Barbara
 Westmont: 40.30m 2/26/2011 Alison Sharp, Westmont
 GSAC: 53.00m 2003 Vivian Chukwuemeka, Azusa Pacific
 43.50m A A Standard
 42.40m B B Standard

Name	Year	School	Finals	Points	
1	331	Crumley, Meg	Biola	38.39m	10
2	310	Schneider, K	Arizona Christian	33.37m	8
3	426	Perrigo, Lyd	Vanguard	31.87m	6
4	772	Germann, Kri	Westmont	31.41m	5
5	425	Minnick, Kay	Vanguard	30.90m	4
6	342	Hollinger, A	Biola	29.05m	3
7	849	Trevizo, Bia	William Jessup	28.26m	2
8	768	Corrales, Ci	Westmont	27.83m	1
9	843	Postle, Shan	William Jessup	27.40m	
10	773	Girod, Micha	Westmont	26.26m	

Women Hammer Throw

=====
 Stadium: 52.69m 4/30/2011 Jean Lightfoot, UC Santa Barbara
 Westmont: 44.81m 4/30/2011 Allison Sharp, Westmontr
 GSAC: 58.26m 2006 Vivian Chukwuemeka, Azusa Pacific
 50.21m A A Standard
 46.94m B B Standard

Name	Year	School	Finals	Points	
1	342	Hollinger, A	Biola	40.20m	10
2	426	Perrigo, Lyd	Vanguard	39.63m	8
3	772	Germann, Kri	Westmont	37.09m	6
4	843	Postle, Shan	William Jessup	37.01m	5
5	331	Crumley, Meg	Biola	36.27m	4
6	773	Girod, Micha	Westmont	33.94m	3
7	768	Corrales, Ci	Westmont	33.69m	2
8	425	Minnick, Kay	Vanguard	32.84m	1
9	421	Cooper, Laur	Vanguard	32.11m	
10	849	Trevizo, Bia	William Jessup	26.32m	

Women Javelin Throw

=====
 Stadium: 51.69m 3/23/2012 Kim Kreiner, Unattached
 Westmont: 45.97m 3/19/1988 Mary Ellen Sacker, Westmont
 GSAC: 45.97m 1988 Mary Ellen Sacker, Westmont
 40.00m A A Standard
 39.16m B B Standard

Name	Year	School	Finals	Points	
1	331	Crumley, Meg	Biola	37.71m	10
2	767	Collier, Bec	Westmont	35.61m	8
3	776	Holding, Kri	Westmont	35.39m	6
4	421	Cooper, Laur	Vanguard	31.61m	5
5	773	Girod, Micha	Westmont	30.98m	4
6	782	Lee, Julia	Westmont	26.26m	3
7	795	Stoppa, Bria	Westmont	26.17m	2
8	424	Kilgore, Dap	Vanguard	25.79m	1

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****...Women Javelin Throw**

9	301 Anderson, Ka	Arizona Christian	23.73m
10	310 Schneider, K	Arizona Christian	21.06m

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year	School	Finals	Points	
1	845	Richmond, Jennah	William Jessup	26.09	789
2	339	Harabedian, Elyse	Biola	27.28	689
3	786	McCormick, Melissa	Westmont	27.73	652
4	795	Stoppa, Brianna	Westmont	28.89	562
5	424	Kilgore, Daphni	Vanguard	29.30	532
6	765	Bruckner, Bekah	Westmont	30.02	481
7	301	Anderson, Kailin	Arizona Christian	31.24	399

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year	School	Finals	Points	
1	845	Richmond, Jennah	William Jessup	2:24.64	762
2	339	Harabedian, Elyse	Biola	2:27.38	726
3	786	McCormick, Melissa	Westmont	2:30.87	682
4	765	Bruckner, Bekah	Westmont	2:42.73	542
5	795	Stoppa, Brianna	Westmont	2:42.77	542
6	424	Kilgore, Daphni	Vanguard	3:00.28	363
7	301	Anderson, Kailin	Arizona Christian	3:01.87	348

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	School	Finals	Points	
1	845	Richmond, Jennah	William Jessup	15.57	768
2	339	Harabedian, Elyse	Biola	16.23	686
3	795	Stoppa, Brianna	Westmont	17.42	550
4	424	Kilgore, Daphni	Vanguard	17.90	499
5	786	McCormick, Melissa	Westmont	18.12	476
6	765	Bruckner, Bekah	Westmont	18.72	417
7	301	Anderson, Kailin	Arizona Christian	18.92	398

Heptathlon: #2 Women High Jump Heptathlon

Name	Year	School	Finals	Points	
Westmont: 1.78m					
1	339	Harabedian, Elyse	Biola	1.63m	771
2	845	Richmond, Jennah	William Jessup	1.54m	666
3	786	McCormick, Melissa	Westmont	1.48m	599
4	424	Kilgore, Daphni	Vanguard	1.39m	502
4	795	Stoppa, Brianna	Westmont	1.39m	502
4	301	Anderson, Kailin	Arizona Christian	1.39m	502
7	765	Bruckner, Bekah	Westmont	1.30m	409

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Heptathlon: #5 Women Long Jump Heptathlon**

Name	Year	School	Finals	Points	
1	845	Richmond, Jennah	William Jessup	5.12m	592
2	339	Harabedian, Elyse	Biola	4.82m	511
3	786	McCormick, Melissa	Westmont	4.49m	426
4	301	Anderson, Kailin	Arizona Christian	4.38m	398
5	795	Stoppa, Brianna	Westmont	4.34m	388
6	765	Bruckner, Bekah	Westmont	4.26m	369
7	424	Kilgore, Daphni	Vanguard	4.05m	319

Heptathlon: #3 Women Shot Put Heptathlon

Name	Year	School	Finals	Points	
1	845	Richmond, Jennah	William Jessup	10.48m	561
2	795	Stoppa, Brianna	Westmont	8.93m	460
3	786	McCormick, Melissa	Westmont	8.36m	423
4	339	Harabedian, Elyse	Biola	8.08m	405
5	424	Kilgore, Daphni	Vanguard	7.85m	390
6	765	Bruckner, Bekah	Westmont	7.68m	379
7	301	Anderson, Kailin	Arizona Christian	7.54m	370

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year	School	Finals	Points	
1	424	Kilgore, Daphni	Vanguard	30.03m	477
2	845	Richmond, Jennah	William Jessup	29.93m	475
3	301	Anderson, Kailin	Arizona Christian	25.33m	389
4	795	Stoppa, Brianna	Westmont	25.24m	387
5	339	Harabedian, Elyse	Biola	22.20m	330
6	786	McCormick, Melissa	Westmont	17.07m	235
7	765	Bruckner, Bekah	Westmont	14.44m	186

Women Heptathlon

Stadium:	6337	4/2/2012	Sharon Day, ASICS		
Westmont:	4871	5/23/2014	Becky Collier, Westmont		
GSAC:	4563	4/28/2012	Lindsay Honea, Point Loma Nazarene		
	3700	A A Standard			
Name	Year	School	Finals	Points	
1	845	Richmond, Je	William Jessup	4613.00 A	10
2	339	Harabedian,	Biola	4118.00 A	8
3	786	McCormick, M	Westmont	3493.00	6
4	795	Stoppa, Bria	Westmont	3391.00	5
5	424	Kilgore, Dap	Vanguard	3082.00	4
6	301	Anderson, Ka	Arizona Christian	2804.00	3
7	765	Bruckner, Be	Westmont	2783.00	2

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Men 100 Meter Dash**

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=====
Stadium: 10.34 4/5/2013 Damian Warner, Canada
Westmont: 10.00 7/1/1972 J. Ravelomanatsoa, Westmont
GSAC: 10.23 2004 Mike Mitchell, Azusa Pacific
      10.65 A A Standard
      10.75 B B Standard

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Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1	323	Morris, Jordan	Arizona Christian	10.82Q	2
2	453	Mobley, Ibrahima	Menlo College	10.90Q	1
3	456	Ogedegbe, Toritsem	Menlo College	10.90Q	2
4	435	Duran, Alec	Vanguard	10.92Q	1
5	864	Uwakwe, Nchekube	William Jessup	10.93q	1
6	431	Alexander, Quinton	Vanguard	11.09q	1
7	474	Jaimes, Samuel	The Masters	11.14q	1
8	316	Griffin, Roderick	Arizona Christian	11.16q	2
9	375	Yaotani, Christian	Biola	11.18	2
10	430	Alade, Daniel	Vanguard	11.23	2
11	817	Lanns, Andre	Westmont	11.27	1
12	803	Banks, Zak	Westmont	11.34	2
13	831	Streelman, Rhett	Westmont	12.07	2
14	322	Leary, Jordan	Arizona Christian	12.11	1
15	320	James, Stephen	Arizona Christian	12.40	2
--	835	Zippi, Peter	Westmont	DQ	1

Men 100 Meter Dash

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=====
Stadium: 10.34 4/5/2013 Damian Warner, Canada
Westmont: 10.00 7/1/1972 J. Ravelomanatsoa, Westmont
GSAC: 10.23 2004 Mike Mitchell, Azusa Pacific
      10.65 A A Standard
      10.75 B B Standard

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Name	Year	School	Finals	Points	
=====					
Finals					
1	323	Morris, Jord	Arizona Christian	10.80	10
2	453	Mobley, Ibra	Menlo College	10.95	8
3	864	Uwakwe, Nche	William Jessup	10.96	6
4	435	Duran, Alec	Vanguard	11.01	5
5	456	Ogedegbe, To	Menlo College	11.04	4
6	474	Jaimes, Samu	The Masters	11.39	3
7	431	Alexander, Q	Vanguard	11.46	2
8	316	Griffin, Rod	Arizona Christian	11.47	1
Preliminaries					
9	375	Yaotani, Chr	Biola		
10	430	Alade, Danie	Vanguard		
11	817	Lanns, Andre	Westmont		
12	803	Banks, Zak	Westmont		
13	831	Streelman, R	Westmont		
14	322	Leary, Jorda	Arizona Christian		
15	320	James, Steph	Arizona Christian		
--	835	Zippi, Peter	Westmont		

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Men 200 Meter Dash**

=====

Stadium:	21.09	3/19/2016	Damian Warner, Canada
Westmont:	20.84	5/20/1972	J.Ravelomanantsoa, Westmont
GSAC:	21.08	2004	Mike Mitchell, Azusa Pacific
	21.50	A A Standard	
	21.65	B B Standard	

Name	Year	School	Prelims	H#	
1	456	Ogedegbe, Toritsem	Menlo College	21.89Q	3
2	449	Hansen, Porter	Menlo College	22.13Q	1
3	323	Morris, Jordan	Arizona Christian	22.19Q	2
4	478	Sanchez, Andrew	The Masters	22.20Q	1
5	864	Uwakwe, Nchekube	William Jessup	22.37Q	3
6	435	Duran, Alec	Vanguard	22.39Q	2
7	438	Lawson, Winston	Vanguard	22.41q	2
8	436	Eley, Noah	Vanguard	22.57q	3
9	311	Barnes, Justin	Arizona Christian	22.60	3
10	862	Rauser, Dustin	William Jessup	22.68	2
11	375	Yaotani, Christian	Biola	23.02	1
12	474	Jaimes, Samuel	The Masters	23.24	1
13	803	Banks, Zak	Westmont	23.32	3
14	817	Lanns, Andre	Westmont	23.50	2
15	821	Martin, Samuel	Westmont	23.89	2
16	856	Jasper, Matthew	William Jessup	24.02	3
17	863	Smith, Cory	William Jessup	24.36	3
18	316	Griffin, Roderick	Arizona Christian	24.50	2
19	855	Herrington, David	William Jessup	25.18	1

Men 200 Meter Dash

=====

Stadium:	21.09	3/19/2016	Damian Warner, Canada
Westmont:	20.84	5/20/1972	J.Ravelomanantsoa, Westmont
GSAC:	21.08	2004	Mike Mitchell, Azusa Pacific
	21.50	A A Standard	
	21.65	B B Standard	

Name	Year	School	Finals	Points	
Finals					
1	456	Ogedegbe, To	Menlo College	21.97	10
2	478	Sanchez, And	The Masters	22.18	8
3	449	Hansen, Port	Menlo College	22.24	6
4	435	Duran, Alec	Vanguard	22.64	5
5	438	Lawson, Wins	Vanguard	22.68	4
6	436	Eley, Noah	Vanguard	23.28	3
7	323	Morris, Jord	Arizona Christian	25.49	2
Preliminaries					
5	864	Uwakwe, Nche	William Jessup		
9	311	Barnes, Just	Arizona Christian		
10	862	Rauser, Dust	William Jessup		
11	375	Yaotani, Chr	Biola		
12	474	Jaimes, Samu	The Masters		
13	803	Banks, Zak	Westmont		
14	817	Lanns, Andre	Westmont		
15	821	Martin, Samu	Westmont		
16	856	Jasper, Matt	William Jessup		
17	863	Smith, Cory	William Jessup		

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****....Men 200 Meter Dash**

18 316 Griffin, Rod Arizona Christian
 19 855 Herrington, William Jessup

Men 400 Meter Dash

=====
 Stadium: 45.64 4/5/2013 Ashton Eaton, Nike
 Westmont: 47.95 4/4/2013 Quincy Braxton, Westmont
 48.30 A A Standard
 48.50 B B Standard

Name	Year	School	Prelims	H#	
1	478	Sanchez, Andrew	The Masters	49.83Q	2
2	449	Hansen, Porter	Menlo College	50.16Q	1
3	815	Harrell, Johnathan	Westmont	50.64Q	1
4	319	Howard, Marcus	Arizona Christian	50.95Q	2
5	862	Rauser, Dustin	William Jessup	50.86q	1
6	436	Eley, Noah	Vanguard	51.29q	2
7	447	Blomquist, Scott	Menlo College	51.37q	1
8	460	Tran, Vince	Menlo College	51.63q	2
9	365	Marcus, Brian	Biola	51.73	2
10	477	Ortiz, Jacob	The Masters	52.39	2
11	358	Berz, Brandon	Biola	53.86	1
12	317	Hilton, Tanner	Arizona Christian	54.37	1
13	856	Jasper, Matthew	William Jessup	54.41	2
14	311	Barnes, Justin	Arizona Christian	55.23	2
15	863	Smith, Cory	William Jessup	55.26	1
16	855	Herrington, David	William Jessup	57.10	1

Men 400 Meter Dash

=====
 Stadium: 45.64 4/5/2013 Ashton Eaton, Nike
 Westmont: 47.95 4/4/2013 Quincy Braxton, Westmont
 48.30 A A Standard
 48.50 B B Standard

Name	Year	School	Finals	Points	
Finals					
1	478	Sanchez, And	The Masters	48.55	10
2	449	Hansen, Port	Menlo College	48.91	8
3	319	Howard, Marc	Arizona Christian	50.44	6
4	436	Eley, Noah	Vanguard	50.57	5
5	862	Rauser, Dust	William Jessup	50.77	4
6	447	Blomquist, S	Menlo College	51.48	3
7	460	Tran, Vince	Menlo College	51.89	2

Preliminaries

3	815	Harrell, Joh	Westmont
9	365	Marcus, Bria	Biola
10	477	Ortiz, Jacob	The Masters
11	358	Berz, Brando	Biola
12	317	Hilton, Tann	Arizona Christian
13	856	Jasper, Matt	William Jessup
14	311	Barnes, Just	Arizona Christian
15	863	Smith, Cory	William Jessup
16	855	Herrington,	William Jessup

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Men 800 Meter Run**

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=====
Stadium:  1:49.90  3/21/2015  Shyan Viziri, Unattached
Westmont:  1:49.34  6/27/1972  Rick Tussing, Westmont
GSAC:     1:50.18  2006      Tim Ramirez, Azusa Pacific
          1:52.50  A A Standard
          1:53.50  B B Standard

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Name	Year	School	Prelims	H#	
1	854	Elliott II, Craig	William Jessup	1:58.60Q	1
2	809	Evans, Nathan	Westmont	1:59.59Q	2
3	364	Lal, Aditya	Biola	1:59.33Q	1
4	475	Mikesell, Skyler	The Masters	2:00.56Q	2
5	824	Nealon, John	Westmont	1:59.39q	1
6	814	Hamlin, Thomas	Westmont	2:00.87q	1
7	366	Noyes, Wes	Biola	2:01.56q	2
8	866	Whelpley, Justin	William Jessup	2:03.29q	1
9	441	Mora, Christian	Vanguard	2:05.96	2
10	859	Koogler, David	William Jessup	2:07.39	2
11	317	Hilton, Tanner	Arizona Christian	2:09.04	2
12	380	Garcia, Tommy	Hope Int'l	2:20.55	1
13	318	Hoskinson, David	Arizona Christian	2:22.85	1
14	381	Herrera, Matthew	Hope Int'l	2:37.75	2

Men 800 Meter Run

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=====
Stadium:  1:49.90  3/21/2015  Shyan Viziri, Unattached
Westmont:  1:49.34  6/27/1972  Rick Tussing, Westmont
GSAC:     1:50.18  2006      Tim Ramirez, Azusa Pacific
          1:52.50  A A Standard
          1:53.50  B B Standard

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Name	Year	School	Finals	Points	
Finals					
1	854	Elliott II,	William Jessup	1:55.00	10
2	366	Noyes, Wes	Biola	1:56.01	8
3	809	Evans, Natha	Westmont	1:56.56	6
4	364	Lal, Aditya	Biola	1:56.97	5
5	824	Nealon, John	Westmont	1:57.30	4
6	814	Hamlin, Thom	Westmont	1:59.21	3
7	866	Whelpley, Ju	William Jessup	2:03.67	2
8	475	Mikesell, Sk	The Masters	2:07.10	1
Preliminaries					
9	441	Mora, Christ	Vanguard		
10	859	Koogler, Dav	William Jessup		
11	317	Hilton, Tann	Arizona Christian		
12	380	Garcia, Tomm	Hope Int'l		
13	318	Hoskinson, D	Arizona Christian		
14	381	Herrera, Mat	Hope Int'l		

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Men 1500 Meter Run**

=====

Stadium: 3:48.19 4/30/2011 Brandon Shrick, Cal Poly SLO
 Westmont: 3:45.54 5/20/1972 Rick Tussing, Westmont
 GSAC: 3:45.84 2008 Aron Rono, Azusa Pacific
 3:53.50 A A Standard
 3:56.50 B B Standard

Name	Year	School	Prelims	H#	
1	809	Evans, Nathan	Westmont	4:12.97Q	1
2	816	Kramer, Evan	Westmont	4:20.53Q	2
3	367	O'Neil, Jonathan	Biola	4:14.19Q	1
4	360	Daedler, Andrew	Biola	4:21.57Q	2
5	475	Mikesell, Skyler	The Masters	4:14.30Q	1
6	442	Shohfi, Jared	Vanguard	4:21.73Q	2
7	473	Gutierrez, Tim	The Masters	4:14.65q	1
8	806	Bradford, Tyler	Westmont	4:14.81q	1
9	371	Thompson, Ryan	Biola	4:23.07q	2
10	857	Keehner, Justin	William Jessup	4:27.17q	1
11	471	Bolter, Tobin	The Masters	4:27.74q	2
12	374	Wilson, Timmy	Biola	4:31.00q	2
13	369	Seeberger, Timothy	Biola	4:33.65	2
14	867	Wright, Brandon	William Jessup	4:36.37	2
15	318	Hoskinson, David	Arizona Christian	4:43.16	1
16	380	Garcia, Tommy	Hope Int'l	4:49.48	2
17	381	Herrera, Matthew	Hope Int'l	5:16.88	1

Men 1500 Meter Run

=====

Stadium: 3:48.19 4/30/2011 Brandon Shrick, Cal Poly SLO
 Westmont: 3:45.54 5/20/1972 Rick Tussing, Westmont
 GSAC: 3:45.84 2008 Aron Rono, Azusa Pacific
 3:53.50 A A Standard
 3:56.50 B B Standard

Name	Year	School	Finals	Points
Finals				
1	360	Daedler, And	Biola	3:54.52 B 10
2	475	Mikesell, Sk	The Masters	3:55.44 B 8
3	809	Evans, Natha	Westmont	3:55.77 B 6
4	816	Kramer, Evan	Westmont	3:56.08 B 5
5	471	Bolter, Tobi	The Masters	4:03.32 4
6	442	Shohfi, Jare	Vanguard	4:03.58 3
7	367	O'Neil, Jona	Biola	4:05.10 2
8	806	Bradford, Ty	Westmont	4:06.58 1
9	371	Thompson, Ry	Biola	4:10.24
10	473	Gutierrez, T	The Masters	4:14.06
11	857	Keehner, Jus	William Jessup	4:17.83
12	374	Wilson, Timm	Biola	4:21.41
Preliminaries				
13	369	Seeberger, T	Biola	
14	867	Wright, Bran	William Jessup	
15	318	Hoskinson, D	Arizona Christian	
16	380	Garcia, Tomm	Hope Int'l	
17	381	Herrera, Mat	Hope Int'l	

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Men 5000 Meter Run**

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=====
Stadium: 14:41.23 4/24/2010 Abednigo Magut, Azusa Pacific
Westmont: 14:20.43 4/30/1983 Paul Croft, Westmont
GSAC: 14:31.02 1998 Jaime Martinez, Azusa Pacific
      14:45.00 A A Standard
      14:59.00 B B Standard
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Name	Year	School	Finals	Points
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Finals

1	480	Sherfey, Jos	The Masters	15:07.32	10
2	476	Orona, Andre	The Masters	15:14.45	8
3	810	Fonda, Blake	Westmont	15:27.68	6
4	479	Sciarra, Mic	The Masters	15:34.20	5
5	434	DeAtley, Zac	Vanguard	15:37.75	4
6	371	Thompson, Ry	Biola	15:39.54	3
7	816	Kramer, Evan	Westmont	15:46.63	2
8	360	Daedler, And	Biola	15:58.86	1
9	368	Perez Basult	Biola	16:05.74	
10	851	Basuini, Mic	William Jessup	16:10.23	
11	367	O'Neil, Jona	Biola	16:26.04	
12	369	Seeberger, T	Biola	16:57.23	
13	858	Kinoshita, M	William Jessup	17:15.00	
14	807	Covell, Evan	Westmont	17:30.42	
15	853	DeVries, Ala	William Jessup	17:56.78	
16	867	Wright, Bran	William Jessup	18:01.63	
17	860	Mettler, Zac	William Jessup	18:29.55	

Men 10000 Meter Run

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=====
Stadium: 31:34.12 4/26/2013 John Gilbertson, The Master's
Westmont: 30:42.84 4/22/2006 Aaron Megazzi, Westmont
GSAC: 29:18.02 2009 Aron Rono, Azusa Pacific
      31:16.00 A A Standard
      31:30.00 B B Standard
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Name	Year	School	Finals	Points
------	------	--------	--------	--------

1	480	Sherfey, Jos	The Masters	32:29.68	10
2	851	Basuini, Mic	William Jessup	34:12.26	8
3	832	Swider, Nich	Westmont	35:21.97	6
4	807	Covell, Evan	Westmont	38:44.51	5
--	363	Johnson, Hun	Biola	DNF	

Men 110 Meter Hurdles

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=====
Stadium: 13.51 4/4/2015 Damian Warner, Canada
Westmont: 14.24 5/24/1969 Tony Sanford, Westmotn
GSAC: 14.01 4/27/2012 Cedrique Smith, Azusa Pacific
      14.75 A A Standard
      15.00 B B Standard
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Name	Year	School	Finals	Points
------	------	--------	--------	--------

1	453	Mobley, Ibra	Menlo College	14.77 B	10
2	438	Lawson, Wins	Vanguard	14.98 B	8
3	319	Howard, Marc	Arizona Christian	15.36	6
4	431	Alexander, Q	Vanguard	16.35	5
5	314	Castillo, Ma	Arizona Christian	16.57	4

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****....Men 110 Meter Hurdles**

6	372	Vaughan, Dan	Biola	16.66	3
7	826	Ortlund, Bra	Westmont	16.95	2
8	321	Kleppe, Karl	Arizona Christian	17.54	1

Men 400 Meter Hurdles

Stadium:	51.91	4/30/2011	Andre Pinon, UC Santa Barbara
Westmont:	51.73	5/10/1986	Phil Pitney, Westmont
GSAC:	52.12	2008	Jordan Burnette, Azusa Pacific
	53.80	A A Standard	
	54.50	B B Standard	

Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1	453	Mobley, Ibrahima	Menlo College	55.46Q	2
2	316	Griffin, Roderick	Arizona Christian	57.48Q	1
3	319	Howard, Marcus	Arizona Christian	58.71Q	2
4	365	Marcus, Brian	Biola	59.16Q	1
5	827	Ortlund, Robert	Westmont	59.28q	2
6	826	Ortlund, Bradford	Westmont	1:00.09q	1
7	852	Collins, Mackenzie	William Jessup	1:02.94q	1
8	431	Alexander, Quinton	Vanguard	1:03.76q	2
9	372	Vaughan, Daniel	Biola	1:04.31	2
10	314	Castillo, Matt	Arizona Christian	1:04.87	1

Men 400 Meter Hurdles

Stadium:	51.91	4/30/2011	Andre Pinon, UC Santa Barbara
Westmont:	51.73	5/10/1986	Phil Pitney, Westmont
GSAC:	52.12	2008	Jordan Burnette, Azusa Pacific
	53.80	A A Standard	
	54.50	B B Standard	

Name	Year	School	Finals	Points	
=====					
Finals					
1	453	Mobley, Ibra	Menlo College	53.61 A	10
2	316	Griffin, Rod	Arizona Christian	54.46 B	8
3	319	Howard, Marc	Arizona Christian	56.21	6
4	365	Marcus, Bria	Biola	57.32	5
5	827	Ortlund, Rob	Westmont	57.59	4
6	826	Ortlund, Bra	Westmont	58.36	3
7	431	Alexander, Q	Vanguard	58.95	2
8	852	Collins, Mac	William Jessup	1:02.35	1
Preliminaries					
9	372	Vaughan, Dan	Biola		
10	314	Castillo, Ma	Arizona Christian		

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Men 3000 Meter Steeplechase**

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=====
Stadium: 9:12.46 5/4/2015 David Galvez, Cal Poly SLO
Westmont: 8:55.94 4/1/1983 Paul Croft, Westmont
GSAC: 9:05.95 2001 Ricardo Godoy, California Baptist
      9:24.00 A A Standard
      9:32.00 B B Standard
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Name	Year	School	Finals	Points
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Finals

1	479	Sciarra, Mic	The Masters	9:40.82	10
2	808	Eberwein, Co	Westmont	9:49.87	8
3	434	DeAtley, Zac	Vanguard	9:54.07	6
4	811	Fredrickson,	Westmont	10:02.32	5
5	828	Peterson, Da	Westmont	10:32.90	4
6	805	Bradford, Gr	Westmont	10:37.19	3
7	368	Perez Basult	Biola	10:57.79	2

Men 4x100 Meter Relay

School	Finals	Points
--------	--------	--------

1	Menlo College 'A'	42.45	10
	1) 449 Hansen, Porter		
	3) 447 Blomquist, Scott		
2	William Jessup 'A'	43.43	8
	1) 863 Smith, Cory		
	3) 856 Jasper, Matthew		
3	Westmont 'A'	43.65	6
	1) 817 Lanns, Andre		
	3) 821 Martin, Samuel		
4	Arizona Christian 'A'	43.71	5
	1) 322 Leary, Jordan		
	3) 311 Barnes, Justin		
5	Biola 'A'	44.62	4
	1) 375 Yaotani, Christian		
	3) 372 Vaughan, Daniel		
--	Vanguard 'A'	DQ	
	1) 435 Duran, Alec		
	3) 430 Alade, Daniel		
	2) 455 Noel, Elijah		
	4) 456 Ogedegbe, Toritsematse		
	2) 862 Rauser, Dustin		
	4) 864 Uwakwe, Nchekube		
	2) 803 Banks, Zak		
	4) 826 Ortlund, Bradford		
	2) 316 Griffin, Roderick		
	4) 323 Morris, Jordan		
	2) 365 Marcus, Brian		
	4) 364 Lal, Aditya		
	2) 438 Lawson, Winston		
	4) 431 Alexander, Quinton		

Men 4x400 Meter Relay

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=====
Stadium: 3:15.06 4/30/2011 , UC Santa Barbara
      Vowels, Mack, Houssain, Nguyen
Westmont: 3:13.40 5/23/2014 , Westmont
      Hatchett, Avendano, Nealon, Moore
GSAC: 3:15.61 1990 , Azusa Pacific
      3:16.00 A A Standard
      3:17.00 B B Standard
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School	Finals	Points
--------	--------	--------

1	Menlo College 'A'	3:20.77	10
	1) 449 Hansen, Porter		
	3) 460 Tran, Vince		
2	William Jessup 'A'	3:23.26	8
	1) 856 Jasper, Matthew		
	2) 447 Blomquist, Scott		
	4) 456 Ogedegbe, Toritsematse		
	2) 866 Whelpley, Justin		

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016

Westmont College

Results

...Men 4x400 Meter Relay

3) 862 Rauser, Dustin	4) 854 Elliott II, Craig	
3 Biola 'A'	3:23.95	6
1) 365 Marcus, Brian	2) 375 Yaotani, Christian	
3) 366 Noyes, Wes	4) 364 Lal, Aditya	
4 Vanguard 'A'	3:26.72	5
1) 436 Eley, Noah	2) 442 Shohfi, Jared	
3) 435 Duran, Alec	4) 438 Lawson, Winston	
5 Arizona Christian 'A'	3:27.01	4
1) 319 Howard, Marcus	2) 311 Barnes, Justin	
3) 317 Hilton, Tanner	4) 316 Griffin, Roderick	
6 Westmont 'A'	3:32.35	3
1) 835 Zippi, Peter	2) 817 Lanns, Andre	
3) 821 Martin, Samuel	4) 824 Nealon, John	

Men 4x800 Meter Relay

Stadium:	7:43.17	5/14/2011	, Westmont
			Goodin, Gourdeau, Shiney, Williams
Westmont:	7:31.12	4/25/1987	, Westmont
			Baugh, Mattson, Poindexter, Little
GSAC:	7:41.32	2002	, California Baptist
	7:45.00	A A Standard	
	7:49.00	B B Standard	

School	Finals	Points
1 Westmont 'A'	8:01.44	10
1) 806 Bradford, Tyler	2) 810 Fonda, Blake	
3) 816 Kramer, Evan	4) 809 Evans, Nathan	
2 Biola 'A'	8:03.96	8
1) 358 Berz, Brandon	2) 366 Noyes, Wes	
3) 360 Daedler, Andrew	4) 364 Lal, Aditya	
3 Vanguard 'A'	8:36.41	6
1) 436 Eley, Noah	2) 441 Mora, Christian	
3) 442 Shohfi, Jared	4) 434 DeAtley, Zach	
4 Arizona Christian 'A'	9:14.79	5
1) 312 Bates, Chris	2) 317 Hilton, Tanner	
3) 314 Castillo, Matt	4) 318 Hoskinson, David	

Men High Jump

Stadium:	2.26m	4/4/2014	Jesse Williams, Nike
Westmont:	2.10m	4/28/1972	Ron Coleman, Westmont
GSAC:	2.26m	1989	Dan Raatjes, Point Loma Nazarene
	2.06m	A A Standard	
	2.03m	B B Standard	

Name	Year School	Finals	Points
1 438 Lawson, Wins	Vanguard	J2.00m	10
2 454 Munkholm, Jo	Menlo College	J1.95m	7
3 432 Allmon, Zach	Vanguard	J1.95m	7
4 802 Asselin, Jam	Westmont	J1.90m	5
5 431 Alexander, Q	Vanguard	J1.85m	3.50
6 825 Nemitz, Jack	Westmont	J1.85m	3.50
7 455 Noel, Elijah	Menlo College	J1.75m	0.75
8 320 James, Steph	Arizona Christian	J1.75m	0.75

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****....Men High Jump**

8	447	Blomquist, S	Menlo College	J1.75m	0.75
10	459	Sexton, Skyl	Menlo College	J1.75m	0.75

Men Pole Vault

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=====
Stadium:  5.06m  1977      Chris Schneider, Point Loma Nazarene
Westmont:  4.87m  3/12/1977  Kevin French, Westmont
GSAC:      5.22m  4/27/1994  Luke Walker, Azusa Pacific
           4.70m  A A Standard
           4.60m  B B Standard
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Name	Year	School	Finals	Points	
1	829	Peterson, Re	Westmont	3.95m	9
1	830	Shagena, Bre	Westmont	3.95m	9
3	804	Beeghly, Jam	Westmont	3.65m	6
4	833	Trapp, Jacob	Westmont	3.35m	4.50
4	831	Streelman, R	Westmont	3.35m	4.50
6	373	Warner, Hayd	Biola	2.90m	3
--	321	Kleppe, Karl	Arizona Christian	NH	
--	362	Hollinger, D	Biola	NH	

Men Long Jump

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=====
Stadium:  7.93m  4/3/2015  Ashton Eaton, Nike
Westmont:  7.41m  7/21/1962  Paul Herman, Westmont
GSAC:      7.93m  1997      Eric Boykin, California Baptist
           7.18m  A A Standard
           7.08m  B B Standard
=====

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Name	Year	School	Finals	Points	
1	821	Martin, Samu	Westmont	6.95m	10
2	455	Noel, Elijah	Menlo College	6.83m	8
3	431	Alexander, Q	Vanguard	6.68m	6
4	375	Yaotani, Chr	Biola	6.51m	5
5	316	Griffin, Rod	Arizona Christian	6.47m	4
6	438	Lawson, Wins	Vanguard	6.46m	3
7	454	Munkholm, Jo	Menlo College	6.35m	2
8	459	Sexton, Skyl	Menlo College	6.34m	1
9	320	James, Steph	Arizona Christian	6.05m	
10	430	Alade, Danie	Vanguard	5.89m	
11	819	Lopez, Jacob	Westmont	5.76m	

Men Triple Jump

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=====
Stadium:  15.94m  2/2/2013  Ethan DeJongh, Unattached
Westmont:  14.98m  5/26/2012  Shane Rowan, Westmont
GSAC:      15.89m  4/28/2012  Eric Koech, Azusa Pacific
           14.40m  A A Standard
           14.25m  B B Standard
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Name	Year	School	Finals	Points	
1	455	Noel, Elijah	Menlo College	14.06m	10
2	320	James, Steph	Arizona Christian	13.59m	8
3	454	Munkholm, Jo	Menlo College	13.21m	6
4	459	Sexton, Skyl	Menlo College	12.78m	5

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****....Men Triple Jump**

5	430	Alade, Danie	Vanguard	12.61m	4
6	432	Allmon, Zach	Vanguard	12.48m	3
7	819	Lopez, Jacob	Westmont	11.94m	2
8	452	Lingard, Jor	Menlo College	11.74m	1
9	829	Peterson, Re	Westmont	10.97m	
10	804	Beeghly, Jam	Westmont	10.15m	
11	439	Makramalla,	Vanguard	9.94m	

Men Shot Put

Stadium:	20.15m	1970	Neil Steinhauer, US Army
Westmont:	17.91m	5/29/1976	Jim Howard, Westmont
GSAC:	19.15m	2009	Chad Smith, Concordia
	15.60m	A A Standard	
	15.25m	B B Standard	

Name	Year	School	Finals	Points	
1	834	Wong, Eric	Westmont	13.65m	10
2	868	Zazhitskiy,	William Jessup	12.59m	8
3	359	Cecil, Andy	Biola	12.55m	6
4	458	Salas-Selem,	Menlo College	12.54m	5
5	446	Alvarez, Joe	Menlo College	12.27m	4
6	432	Allmon, Zach	Vanguard	11.93m	3
7	802	Asselin, Jam	Westmont	11.90m	2
8	823	Miller, Jose	Westmont	11.59m	1
9	812	Gastaldo, Al	Westmont	11.01m	
10	448	Burke, Timot	Menlo College	10.61m	
11	433	Alvarez, Ale	Vanguard	10.02m	
12	865	West, Ryan	William Jessup	9.54m	
13	861	Negrete, Tay	William Jessup	9.51m	
14	820	Magness, Jon	Westmont	9.38m	
15	451	Holguin, Isa	Menlo College	8.30m	

Men Discus Throw

Stadium:	57.93m	1962	Babka, PPA
Westmont:	58.52m	5/7/1976	Jim Howard, Westmont
GSAC:	61.59m	1993	Ade Olukoju, Azusa Pacific
	48.00m	A A Standard	
	47.00m	B B Standard	

Name	Year	School	Finals	Points	
1	868	Zazhitskiy,	William Jessup	41.39m	10
2	802	Asselin, Jam	Westmont	38.21m	8
3	834	Wong, Eric	Westmont	37.16m	6
4	822	McCollum, Da	Westmont	36.11m	5
5	433	Alvarez, Ale	Vanguard	35.73m	4
6	432	Allmon, Zach	Vanguard	35.01m	3
7	359	Cecil, Andy	Biola	34.66m	2
8	812	Gastaldo, Al	Westmont	34.64m	1
9	446	Alvarez, Joe	Menlo College	34.60m	
10	448	Burke, Timot	Menlo College	33.21m	
11	823	Miller, Jose	Westmont	33.19m	
12	452	Lingard, Jor	Menlo College	32.03m	
13	818	Ledbetter, T	Westmont	31.24m	

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****....Men Discus Throw**

14	361	Fredenburg,	Biola	31.01m
15	861	Negrete, Tay	William Jessup	28.99m
16	458	Salas-Selem,	Menlo College	27.65m
17	865	West, Ryan	William Jessup	25.84m
18	820	Magness, Jon	Westmont	22.62m
19	451	Holguin, Isa	Menlo College	22.37m

Men Hammer Throw

Stadium:	64.52m	3/23/2012	Colin Dunbar, Unattached
Westmont:	50.01m	5/28/1971	Dan Bryant, Westmont
GSAC:	70.23m	1992	Per Karlsson, Point Loma Nazarene
	52.50m	A A Standard	
	50.50m	B B Standard	

Name	Year	School	Finals	Points	
1	834	Wong, Eric	Westmont	40.96m	10
2	823	Miller, Jose	Westmont	38.44m	8
3	446	Alvarez, Joe	Menlo College	36.45m	6
4	361	Fredenburg,	Biola	35.33m	5
5	359	Cecil, Andy	Biola	34.63m	4
6	432	Allmon, Zach	Vanguard	32.57m	3
7	868	Zazhitskiy,	William Jessup	32.01m	2
8	804	Beeghly, Jam	Westmont	31.80m	1
9	458	Salas-Selem,	Menlo College	30.77m	
10	820	Magness, Jon	Westmont	29.36m	
11	812	Gastaldo, Al	Westmont	28.84m	
12	452	Lingard, Jor	Menlo College	28.78m	
13	450	Hauser, Max	Menlo College	27.19m	
14	433	Alvarez, Ale	Vanguard	26.10m	
15	451	Holguin, Isa	Menlo College	25.58m	
16	448	Burke, Timot	Menlo College	24.98m	
17	865	West, Ryan	William Jessup	24.78m	

Men Javelin Throw

Stadium:	71.68m	4/4/2015	Cyrus Hostetler, Chula Vista OTC
Westmont:	70.18m	3/26/2011	Andrew Kolodinski, Westmont
GSAC:	70.02m	1994	Nery Kenney, Point Loma Nazarene
	57.00m	A A Standard	
	55.00m	B B Standard	

Name	Year	School	Finals	Points	
1	822	McCollum, Da	Westmont	57.25m A	10
2	823	Miller, Jose	Westmont	56.97m B	8
3	802	Asselin, Jam	Westmont	56.89m B	6
4	835	Zippi, Peter	Westmont	55.52m B	5
5	313	Campbell, Ca	Arizona Christian	55.03m B	4
6	818	Ledbetter, T	Westmont	51.78m	3
7	361	Fredenburg,	Biola	49.21m	2
8	443	Way, Zac	Vanguard	47.00m	1
9	370	Stacy, Mark	Biola	45.67m	
10	834	Wong, Eric	Westmont	44.83m	
11	322	Leary, Jorda	Arizona Christian	43.48m	
12	321	Kleppe, Karl	Arizona Christian	42.78m	

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****...Men Javelin Throw**

13	433 Alvarez, Ale	Vanguard	42.72m
14	432 Allmon, Zach	Vanguard	42.01m

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	School	Finals	Points	
1	825	Nemitz, Jackson	Westmont	11.67	717
2	830	Shagena, Brett	Westmont	12.01	649
3	321	Kleppe, Karl	Arizona Christian	12.04	643
4	440	Miramontes, Nathan	Vanguard	12.18	616
5	833	Trapp, Jacob	Westmont	12.53	551
6	443	Way, Zac	Vanguard	12.67	525
7	439	Makramalla, Keroll	Vanguard	13.11	449

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year	School	Finals	Points	
1	825	Nemitz, Jackson	Westmont	52.66	696
2	321	Kleppe, Karl	Arizona Christian	55.47	580
3	440	Miramontes, Nathan	Vanguard	56.99	521
4	833	Trapp, Jacob	Westmont	57.63	497
5	443	Way, Zac	Vanguard	57.95	486
6	830	Shagena, Brett	Westmont	58.79	455
7	439	Makramalla, Keroll	Vanguard	1:05.98	232

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year	School	Finals	Points	
1	825	Nemitz, Jackson	Westmont	4:31.54	735
2	443	Way, Zac	Vanguard	4:44.44	653
3	440	Miramontes, Nathan	Vanguard	5:00.67	556
4	321	Kleppe, Karl	Arizona Christian	5:08.36	513
5	833	Trapp, Jacob	Westmont	5:17.18	465
6	830	Shagena, Brett	Westmont	5:48.13	315
7	439	Makramalla, Keroll	Vanguard	5:50.94	302

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year	School	Finals	Points	
1	825	Nemitz, Jackson	Westmont	16.31	698
2	321	Kleppe, Karl	Arizona Christian	17.81	543
3	833	Trapp, Jacob	Westmont	21.33	252
4	440	Miramontes, Nathan	Vanguard	21.57	236
5	830	Shagena, Brett	Westmont	21.88	216
6	443	Way, Zac	Vanguard	21.89	215
7	439	Makramalla, Keroll	Vanguard	22.89	157

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****Decathlon: #4 Men High Jump Decathlon**

Name	Year School	Finals	Points
1 825 Nemitz, Jackson	Westmont	1.91m	723
2 440 Miramontes, Nathan	Vanguard	1.70m	544
3 321 Kleppe, Karl	Arizona Christian	1.64m	496
4 830 Shagena, Brett	Westmont	1.55m	426
5 443 Way, Zac	Vanguard	1.46m	360
5 833 Trapp, Jacob	Westmont	1.46m	360
7 439 Makramalla, Keroll	Vanguard	1.43m	338

Decathlon: #8 Men Pole Vault Decathlon

Name	Year School	Finals	Points
1 830 Shagena, Brett	Westmont	3.85m	576
2 321 Kleppe, Karl	Arizona Christian	3.35m	444
3 833 Trapp, Jacob	Westmont	3.25m	418
3 825 Nemitz, Jackson	Westmont	3.25m	418
5 440 Miramontes, Nathan	Vanguard	2.65m	275
6 443 Way, Zac	Vanguard	2.35m	210
7 439 Makramalla, Keroll	Vanguard	2.15m	169

Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals	Points
1 825 Nemitz, Jackson	Westmont	6.11m	610
2 440 Miramontes, Nathan	Vanguard	5.84m	552
3 439 Makramalla, Keroll	Vanguard	5.48m	477
4 321 Kleppe, Karl	Arizona Christian	5.37m	455
5 830 Shagena, Brett	Westmont	5.26m	433
6 443 Way, Zac	Vanguard	5.13m	407
7 833 Trapp, Jacob	Westmont	4.93m	369

Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals	Points
1 825 Nemitz, Jackson	Westmont	10.36m	507
2 321 Kleppe, Karl	Arizona Christian	10.07m	490
3 440 Miramontes, Nathan	Vanguard	9.85m	477
4 443 Way, Zac	Vanguard	9.57m	460
5 439 Makramalla, Keroll	Vanguard	8.12m	373
6 830 Shagena, Brett	Westmont	7.87m	359
7 833 Trapp, Jacob	Westmont	6.04m	251

Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals	Points
1 825 Nemitz, Jackson	Westmont	28.37m	432
2 440 Miramontes, Nathan	Vanguard	27.16m	409
3 443 Way, Zac	Vanguard	25.07m	368
4 321 Kleppe, Karl	Arizona Christian	24.93m	366
5 833 Trapp, Jacob	Westmont	17.53m	226

Golden State Athletic Conference Championship - 4/28/2016 to 4/29/2016**Westmont College****Results****....Decathlon: #7 Men Discus Throw Decathlon**

6	439 Makramalla, Keroll	Vanguard	15.67m	192
7	830 Shagena, Brett	Westmont	13.12m	146

Decathlon: #9 Men Javelin Throw Decathlon

Name	Year	School	Finals	Points	
1	443	Way, Zac	Vanguard	45.30m	519
2	321	Kleppe, Karl	Arizona Christian	43.47m	493
3	825	Nemitz, Jackson	Westmont	41.08m	458
4	440	Miramontes, Nathan	Vanguard	40.22m	445
5	830	Shagena, Brett	Westmont	34.69m	366
6	439	Makramalla, Keroll	Vanguard	32.51m	335
7	833	Trapp, Jacob	Westmont	32.06m	328

Men Decathlon

Stadium:	7840	4/3/2012	Chris Randolph, Sketcher
Westmont:	7700	5/27/1961	Paul Herman, Westmont
GSAC:	6747	1997	Ty Winn, Azusa Pacific
	4950	A A Standard	

Name	Year	School	Finals	Points	
1	825	Nemitz, Jack	Westmont	5994.00 A	10
2	321	Kleppe, Karl	Arizona Christian	5023.00 A	8
3	440	Miramontes,	Vanguard	4631.00	6
4	443	Way, Zac	Vanguard	4203.00	5
5	830	Shagena, Bre	Westmont	3941.00	4
6	833	Trapp, Jacob	Westmont	3717.00	3
7	439	Makramalla,	Vanguard	3024.00	2

Women - Team Rankings - 22 Events Scored

1) Biola	286	2) Westmont	284.50
3) Vanguard	80.50	4) William Jessup	73
5) The Masters	56	6) Arizona Christian	50
7) Menlo College	3		

Men - Team Rankings - 22 Events Scored

1) Westmont	246.50	2) Menlo College	138.25
3) Vanguard	126.50	4) Biola	84
5) Arizona Christian	82.75	6) The Masters	77
7) William Jessup	67		