### Carmel Gabriel Saad

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## Education

- 2012 Ph.D., Social and Personality Psychology University of California, Davis
- 2008 M. A., Psychology University of California, Davis
- 2005 B.A., Psychology (*Magna Cum Laude*) University of California, Santa Barbara

### **Professional Positions**

- 2012-present Assistant Professor, Department of Psychology, Westmont College
- 2012 Adjunct Professor, University of the Pacific
- **2010-2011** Associate Instructor, University of California, Davis
- 2009-2011 Adjunct Professor, Department of Psychology, Napa Valley College

### Publications

- Saad, C. S., Damian, R. I., Benet-Martínez, V., Moons, W. G., & Robins, R. W. (in press). Multiculturalism and creativity: Effects of cultural context, bicultural identity, and ideational fluency. Social Psychological and Personality Science.
- Sue, S., Cheng, J., **Saad, C. S.**, & Chu, J. P. (in press). Asian American mental health: A call to action. *American Psychologist.*
- Saad, C. S., Sue, S., Zane, N., & Cho, Y. I. (2012). The relationship between education and ethnic minority factors in income among Asian Americans. *Asian American Journal of Psychology, 3, 66-78*.
- Meyer, O. L., Dhindsa, M., **Gabriel, C. S.**, & Sue, S. (2008). Psychopathology and clinical issues with Asian American populations. In N. Tewari and A. N. Alvarez (Eds.). *Asian*

American Psychology: Current perspectives, Mahwah, NJ: Lawrence Erlbaum & Associates.

Manuscripts in Preparation

- Saad, C. S., & Benet-Martínez, V. (2012). Bicultural identity, emotion regulation, and well-being.
- Saad, C. S., Moons, W. G., & Benet-Martínez, V. (2012). Cultural cues, bicultural identity, and negative affect.
- Hughes, S., Lyddy, F., Kaplan, R., Miller, H. L., Nichols, A. L., Saad, C. S., Dukes, K., Lynch, A.-J. (revised and resubmitted). Assessing the prevalence and persistence of student misconceptions about psychology.

#### Non Peer-Reviewed Articles

- **Gabriel, C. S.** (2010, Summer). Excelling during tough times: Strategies for improving your employability. *The Forum: The Newsletter of the Graduate Student Committee of the Society for Personality and Social Psychology.*
- **Gabriel, C. S.** (2010, Fall). How to Improve Your Teaching Style. *The Forum: The Newsletter of the Graduate Student Committee of the Society for Personality and Social Psychology.*
- **Gabriel, C. S.** (2010, Winter). Maximizing Your Conference Experience. *The Forum: The Newsletter of the Graduate Student Committee of the Society for Personality and Social Psychology.*

### **Professional Presentations**

- **Gabriel Saad, C. S.**, Damian, R. I., Benet-Martínez, V., Moons, W. G., & Robins, R. W. (2012, August). *Moderators and Mediators of the Link between Biculturalism and Creativity.* Symposium delivered at the American Psychological Association Conference, Orlando, FL.
- **Gabriel Saad, C. S.,** Benet-Martínez, V., Robins, R. W., & Moons, W. G. (2012, January). *The Effects of Cultural Frame Switching and Bicultural Identity Integration on Ideal Affect among Biculturals.* Poster presented at the Society for Personality and Social Psychology annual meeting, San Diego, CA.
- **Gabriel, C. S.**, Benet-Martínez, V., Robins, R. W., & Sue, S. (2011, June). *Defying Expectations: The Effects of Bicultural Identity Integration on Personality, Self-Esteem, and Self-Concept.* Oral presentation delivered at the Association for Research in Personality Conference, Riverside, CA.
- Sloan, A., Gabriel, C. S., & Moons, W. G. (2011, April). Cultural Frame Switching Effects on Self-Construals Among Chinese Americans. Poster presented at the 2011 UC Davis Undergraduate Research, Scholarship and Creative Activities Conference, Davis, CA.
- Lee, G., **Gabriel, C. S.**, & Moons, W. G. (2011, April). *The Effects of Culture and Emotion Regulation on Cognition in Biculturals.* Poster presented at the 2011 UC Davis Undergraduate Research, Scholarship and Creative Activities Conference, Davis, CA.

- **Gabriel, C. S.**, & Damian, R. (2011, January). *Multiculturalism and Creativity: The Effects of Cultural Cues on the Creativity of Chinese-Americans.* Poster presented at the Society for Personality and Social Psychology annual meeting, San Antonio, TX.
- Hughes, S., Dukes, K, Gabriel, C. S., Gomez, H., Kaplan, R., Lynch, A., Lee Nichols, A., & Lyddy, F. (2011, January). *Do Graduate Students Really Think Straight About Weird Things?* Poster presented at the Society for Personality and Social Psychology annual meeting, San Antonio, TX.
- Meyer, O. L., **Gabriel, C. S.**, & Berger, L. K. (2010, August). *Leadership in APA Training/Mentoring Workshop*. Panel workshop given at the American Psychological Association annual meeting, San Diego, CA.
- **Gabriel, C. S.**, Benet-Martínez, V., Robins, R. W., Sue, S., Sison, S., & Brown, M. (2010, August). *Defying Expectations: The Effects of Chinese American Bicultural Identity on Self-esteem, Emotion, and Personality.* Poster presented at the Asian American Psychological Association annual meeting, San Diego, CA.
- Sison, S., **Gabriel, C. S.**, Benet-Martínez, V., Robins, R. W., & Sue, S. (2010, April). *The Effect of Cultural Priming on the Personalities of Bicultural Individuals.* Poster presented at the 2010 UC Davis Undergraduate Research, Scholarship and Creative Activities Conference, Davis, CA.
- Sloan, A., Gabriel, C. S., Benet-Martínez, V., Robins, R. W., & Sue, S. (2010, April). Cultural Frame Switching and Self-Enhancement among Chinese American Biculturals. Poster presented at the 2010 UC Davis Undergraduate Research, Scholarship and Creative Activities Conference, Davis, CA.
- **Gabriel, C. S.**, Berger, L. K., Ku, H., Cheng, J., & Zane, N. (2010, January). *Cultural Variation in Emotion Regulation: The Case of Anger*. Poster presented at the Society for Personality and Social Psychology annual meeting, Las Vegas, NV.
- Berger, L., & **Gabriel, C. S.** (2009, May). *Emotion Regulation Study*. Project presented at the 2009 Asian American Mental Health Working Conference, South Lake Tahoe, NV.
- **Gabriel, C. S.**, Meyer, O. L., Dhindsa, M., & Zane, N. (2008, August). *Effects of Positive Stereotypes on Math Performance among Chinese Americans.* Poster presented at the Asian American Psychological Association annual meeting, Boston, MA.
- **Gabriel, C. S.** (2007, August). What Moderates the Payoff for Educational Investment among Asian Americans? Findings from the National Latino and Asian American Study (NLAAS). Symposium presented at the Asian American Psychological Association annual meeting, San Francisco, CA.
- **Gabriel, C. S.**, Valdez, R. T., & Henry, P. J. (2004, April). *The Effect of Social Status and Perceived Legitimacy on Aggression: Studies of Social Comparison*. Poster presented at the annual Undergraduate Research and Creative Activities Conference at the University of California, Santa Barbara.

# **Teaching Experience**

### Instructor

### **Private Institutions**

Abnormal Psychology—University of the Pacific, Spring 2012 General Psychology—Westmont College, Fall 2012 Social Psychology—Westmont College, Fall 2012 Experimental Psychology—Westmont College, Fall 2012

# Public Research Institutions

Social Psychology—UC Davis, Summer 2011 General Psychology--UC Davis, Winter 2011 Personality Theory—UC Davis, Summer 2010 General Psychology—UC Davis, Spring 2009

### **Community Colleges**

Introductory Psychology—Napa Valley College, Spring and Fall Semesters 2010 Cross-Cultural Psychology—Napa Valley College, Fall 2009

### **Teaching Assistant**

History of Psychology—UC Davis, Fall 2011 Personality Theory—UC Davis, Spring 2011, Winter 2012, Spring 2012 Clinical Psychology—UC Davis, 2006-2010 Cognitive Development—UC Davis, Spring 2010 Environmental Awareness—UC Davis, Summer 2009 Psychology of Emotion—UC Davis, Fall 2008 Contemporary Issues of Asian Americans—UC Davis, Spring 2006 Social and Psychological Perspectives of Asian Americans—UC Davis, Fall 2005, Spring 2006

### **Guest Lecturer/Invited Talks**

Cross-Cultural Psychology: "Culture and Emotion"—Sacramento State University, Fall 2011

Personality Theory: "Cultural Influences on Personality"-UC Davis, Spring 2011

Introductory Clinical Psychology: "Diversity Issues in Clinical Psychology"—UC Davis, Fall 2010

Psychology of Emotion: "Cultural Variation in Emotion Regulation"—UC Davis, Fall 2008

Social & Psychological Perspectives of Asian Americans: "The Effect of Cultural Orientation on Helping Behavior"—UC Davis, Fall 2005

#### Instructor Training

University of California, Davis, Teaching Resources Center (2009)

Participated in *Beyond the Basics* Teaching Development Series. Attended biweekly seminars for 3 months. Seminars were aimed at developing teaching philosophy and

learning goals, reviewing scholarly literature on teaching undergraduate students, planning first and last days of class, developing syllabus, and concept mapping.

#### Lab Manager/Research Mentor

The Study of Biculturalism Lab, UC Davis Psychology Department (2009-present)

Currently supervising and mentoring 10-15 undergraduate students. Conduct weekly seminars focused on cultural psychology and research methodology. Mentoring 6 students on an individual basis on data analysis and professional development.

Service	
2012	Ad-Hoc Reviewer, International Psychology Bulletin
2010-2011	Member at Large of Undergraduate Affairs, Society for Personality and Social Psychology
2010	Prospective Student Visit Co-Coordinator, Psychology Department, UC Davis
2009-2010	Social/Personality Psychology Area Representative, UC Davis
2006	Ad-Hoc Reviewer, American Psychologist

### **Honors & Awards**

- **2008** Award to attend annual meeting of Quantitative Training for Underrepresented Groups: American Psychological Association (Division 5)
- **2006-** UC Davis Psychology Department Graduate Research Fellowship **2007**
- **2005** Undergraduate Research and Creative Activities (URCA) Grant: University of California, Santa Barbara
- 2005 High Honors Graduate (Magna Cum Laude)
- 2004- Psi Chi Honors Society 2005
- **2004** Campbell Scholarship for Academic Achievement and Scholarly Potential: University of California, Santa Barbara

2001- College of Letters and Science Honors Program: University of California, Santa2005 Barbara

# **Special Skills**

Trained in using BioPac Cardiovascular Equipment for research purposes

Trained in Facial Action Coding System (FACS)

Highly proficient in MediaLab and DirectRT software

Bilingual in English and Arabic