

"AT THE TABLE"

Making Space for God and Others

NOVEMBER THEME: GRATITUDE

Gratitude Exercises:

As you notice the beauty of mountains and yellow leaves and sandstone rocks, whisper, "thank you," to God for what he has made.

Who are you grateful for in your life right now and why? Take a moment to write a note or tell them next time you are together (be as specific as possible!).

Meet Your SFCs:

*** (Pumpkin) Spice Friends of Christ*



Becca Marin

Res Hall: Page
Major: Economics & Business
Hometown: Concord, CA
Netflix Pick: Stranger Things
Ask Me About: My time abroad!

Emily Yates

Res Hall: GLC
Major: History
Hometown: Orange, CA
Netflix Pick: Netflix Comedy
Specials
Ask Me About: Women in the church and Immanuel prayer.

Mario Cobian

Res Hall: Clark
Major: Religious Studies
Hometown: Santa Barbara, CA
Netflix Pick: Stranger Things
Ask Me About: My ultimate heroes, my enneagram type, and MBTI personality type.

UPCOMING EVENTS:

BIBLES, BABES, & BEVERAGES

Nov. 6, 8-9pm Page MPR
Get hyped for a night of tea, community & the Holy Spirit

FLOWERS AND FELLOWSHIP: PLANTING & GROWING TOGETHER

November 10, 10am-12pm
Emerson patio
Limited space! RSVP to Brooke

CLARK FAMILY DINNERS

Ask a Clark SFC for more info!

FINDING YOUR WAY RETREAT

November 17, 9am-1pm
Martin Institute Retreat House
Designed for juniors and seniors to help you discover how you best connect with God, your spiritual gifts, and how to apply them to your vocation.

COFFEE, COOKIES, AND COMMUNITY

November 18, 2-3pm
Armington path

LOWER CAMPUS WORSHIP NIGHT

December 5, 8:30-10pm.