

## **First-Year Sample Plan: Kinesiology**

### Fall Sample Schedule (12-15 units)

- ❑ KNS 040 Human Nutrition (can be taken in fall or spring semester)
- ❑ KNS 072 Foundations of Kinesiology; fulfills Common Skills: Writing and Speech Intensive (can be taken in fall or spring semester)
- ❑ MA 005 Statistics; fulfills Common Inquiries: Reasoning Abstractly and Common Skills: Quantitative and Analytical Reasoning (can be taken in fall or spring semester)
- ❑ Common Contexts, Common Inquiries, or Common Skills; course(s) of your choosing to round out your schedule to your desired unit load
- ❑ PEA course; If you desire to take a PEA course this term

### Spring Sample Schedule (12-17 units)

- ❑ KNS/BIO 040 Human Nutrition (can be taken in fall or spring semester)
- ❑ KNS 072 Foundations of Kinesiology; fulfills Common Skills: Writing and Speech Intensive (can be taken in fall or spring semester)
- ❑ MA 005 Statistics; fulfills Common Inquiries: Reasoning Abstractly and Common Skills: Quantitative and Analytical Reasoning (can be taken in fall or spring semester)
- ❑ Common Contexts, Common Inquiries, or Common Skills; course(s) of your choosing to round out your schedule to your desired unit load
- ❑ PEA course; If you desire to take a PEA course this term