,,

1. Log onto www.cigna.com and click on "Find a Doctor



2. If not currently enrolled in a Cigna Plan or for searches for a different plan than currently enrolled in. Choose "Plans through your employer or school".

Home \*\* Find a Doctor



3. Enter your home zip code and click "Pick" under "Select a Plan"



## 4. For the California HMO Choose:

## PLANS AVAILABLE IN YOUR SEARCHED LOCATION: SAN DIEGO, CA

•	Remind me later	HMO/Network - CIGNA HealthCare of California, Inc So. CA HMO/Network
	<ul> <li>HMO</li> <li>Cigna HealthCare of California - Southern CA Open Access Network</li> <li>CIGNA HealthCare of California, Inc So. CA HMO/Network</li> <li>Southern CA Select (St Joseph Hoag Health Select Plan, Scripps Select Plan, Select Plan,</li></ul>	ealthCare Partners Select Plan)
	LocalPlus CocalPlus	
	OAP Open Access Plus, OA plus, Choice Fund OA Plus Open Access Plus, OA plus, Choice Fund OA Plus <i>WITH</i> CareLink	
	PPO PPO, Choice Fund PPO	



## 8. For Vision

## Choose:



9. Enter at least City and Zip Code and any other preferences:

Cigna. CUSTOMER	FIND A C	IGNA VISION NETWO	DRK EYE GA	RE PROFESSIONAL			LOG IN 👻   REGISTER
EARCH BY OCATION/SERVICES Find an Eye Car (* Required fields Address		e Care Pro leids )	e Professional by Location/Services		3 SEARCH HE		
EARCH BY EYE CARE				English		•	
NAME		City *			Gender	Tvr	e of Doctor
		Santa Bart	oara		Female •	0	ptometrist •
		State *		Zip Code *	Children ages 0-3		Children ages 3-5
		CA	٠	93108	Extended hours     Sports eyewear     Safety eyewear		Hard-to-fit contacts Pediatric EHB Collectio
							SEARC

10: A list of providers will come up with additional ways to refine your search.

REFINE YOUR SEARCH		<b>1</b>		
English • Female •	21 Results -	View: 10		
Additional Services Children ages 3-5 Extended hours Safety eyewear Sports eyewear	Distance 5.11 miles	Joanne Gronquist OD 1805 State St Ste B Santa Barbara, CA 93101 (805) 569-1504	Hours Mon 9:00 - 6:00 Tue - Thu 8:00 - 5:00 Fri 8:00 - 12:00	View Map View Practice Details Report Inaccuracy
Pediatric EHB Collection ore Services SEARCH Start Over	Distance 10.59 miles	Eye and Vision Care Of Santa Barbara 5300 Hollister Ave Santa Barbara, CA 93111 (805) 692-6977	Hours Mon - Wed, Fri 8:00 - 6:00 Thu 8:00 - 7:00 Sat 8:00 - 3:00	View Map View Website View Practice Details Report Inaccuracy