

First-Year Sample Plan: Kinesiology

Fall Sample Schedule (12-15 units)

- ❑ KNS 040 Human Nutrition (can be taken in fall or spring semester)
- ❑ KNS 072 Foundations of Kinesiology; fulfills Common Skills: Writing and Speech Intensive (can be taken in fall or spring semester)
- ❑ CHM-005 General Chemistry I; fulfills Common Inquiries: Exploring the Physical Sciences (recommended for students interested in Pre-med, Physical Therapy, Physician Associate/Assistant)
- ❑ Common Contexts, Common Inquiries, or Common Skills; course(s) of your choosing to round out your schedule to your desired unit load
- ❑ PEA course; If you desire to take a PEA course this term

Spring Sample Schedule (12-17 units)

- ❑ KNS/BIO 040 Human Nutrition (can be taken in fall or spring semester)
- ❑ KNS 072 Foundations of Kinesiology; fulfills Common Skills: Writing and Speech Intensive (can be taken in fall or spring semester)
- ❑ MA 005 Statistics; fulfills Common Inquiries: Reasoning Abstractly and Common Skills: Quantitative and Analytical Reasoning (can be taken in fall or spring semester)
- ❑ Common Contexts, Common Inquiries, or Common Skills; course(s) of your choosing to round out your schedule to your desired unit load
- ❑ PEA course; If you desire to take a PEA course this term