

Kinesiology



Kinesiology professors train you in the scientific study of human movement and celebrate God's greatest creation: the human body.

Passionate about their field, professors work closely with you in class and involve you in their research projects. Personal, interactive and relevant classes expose you to the entire umbrella of kinesiology—biophysical, behavioral and sociocultural—and help you dig deeper into your studies. Internships give you opportunities to observe and assist a variety of health professions and develop your own career path. Westmont's excellent reputation with top graduate schools assists you in continuing your education through graduate programs.

SELECTED COURSES

- Human Anatomy
- Human Physiology
- Motor Behavior
- Physiology of Exercise
- Biomechanics
- Psychology of Movement
- Sociology of Movement and Health
- Special Populations

CAREER PATHS

- Physical Therapy
- Occupational Therapy
- Physician
- Physician Assistant
- Nursing
- Personal Training
- Chiropractic
- Athletic Training
- Exercise Physiology
- Cardiac Rehabilitation
- Public and Global Health
- Gerontology



WESTMONT
SANTA BARBARA

FACULTY HIGHLIGHTS



ISAAC GOMEZ

Challenges students to learn the principles and applications of human movement



BRETT SHAGENA, PH.D.

Physical therapist and biomechanics professor passionate about movement, performance, rehabilitation



RUSSELL SMELLEY, M.ED.

Infuses ideals of character in his teaching and coaching



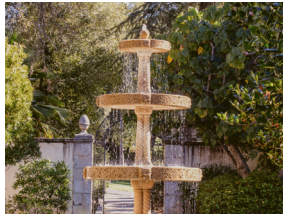
CYNTHIA TOMS, PH.D.

Inspires global health students to be involved locally and throughout the world



TIMOTHY VAN HAIT SMA, PH.D.

Runner interested in how the mind influences exercise



ALYSE WALLACE

Passionate about strength and conditioning and women in exercise



JADA L. WILLIS, PH.D., RDN, LD, FAND

Researcher focused on sports nutrition and performance



DAVE WOLF, M.A.

Applies theories of psychology as they relate to movement and sport

OPPORTUNITIES ABROAD



- Westmont's Europe Semester
- Westmont's Global Health Uganda
- Creation Care Studies Program, Belize
- Westmont in Mexico
- Latin America Studies Program, Costa Rica (CCCU)
- Creation Care Studies Program, New Zealand
- Kinesiology in the UK
- Kinesiology in Ecuador - Mayterm
- Kinesiology in Iceland/Italy - Mayterm
- Westmont in San Francisco

ALUMNI

Madison Cherry '19, earned the Peg Lovik Nicholas Senior Award for outstanding achievement in the kinesiology department, and provided healthcare in Uganda during a semester abroad while studying at Westmont. After completing the doctorate program in occupational therapy at A.T. Still University, she is now a licensed occupational therapist at the Mayo Clinic.

Caleb Jones '23, graduated from Westmont with a double major in kinesiology and economics & business. He earned his MS in clinical health sciences and his DPT from the University of Delaware and now works as a licensed physical therapist in Colorado Springs.



WESTMONT

westmont.edu/kinesiology