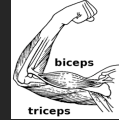


Secondary Teacher Preparation in Kinesiology Fast Track: Sample 4-year plan



Note to students: Remember that this is a SAMPLE. Your schedule, for many reasons, will probably not end up looking exactly like this. What's shown is a "fast-track" schedule. Be aware that you also have the option of completing the Kinesiology major over a four-year period, with a fifth year reserved for your teaching credential. Requirements will differ if you enter Westmont with AP or college credit. Please confer with Kinesiology department advisor as major requirements sometimes change. Pre-requisites for the Education Program are in bold.

	Fall	units	Spring	units
First Year	GE Common Context (see options below)	4	GE Common Context	4
	ENG 2: Composition (CS: A1)	4	GE Common Context	4
	GE Common Skill: Foreign Language	4	GE Common Inquiry: A, E, G	4
	PHY 11: Intro to Physical Science (CI: B)	4	PSY 1: General Psychology	4
	PE 32: Fitness for Life (CS: D)	1	PEA (CS: D)	1
	Total Units	17		17
First Year May Term or Summer: MATH 9: Calculus (CI: D) (3-4 units)				
Second Year	KNS/BIO 11: Human Anatomy (CI: C)	4	BIO 12: Human Physiology	4
	KNS 72: Foundations of Kinesiology	3	KNS 40/BIO 40: Nutrition	4
	KNS 181: Special Populations	4	GE Common Context	4
	KNS 156: Health Education	2	GE Common Inquiry: A, E, G (3-4 units)	4
	GE Common Context	4	KNS 157: Psychology of Sport & Movement	2
	PEA (CS: D)	1		
Total Units	18		18	
Second Year May Term or Summer: KNS 141: Politics of Sports (CI: H) (4 units)				
Third Year	MATH 5: Statistics	4	KNS 195: Senior Seminar	2
	KNS 101: Basic Biomechanics	4	KNS 105: Physiology of Exercise	4
	KNS 151: Prevention & Treatment of Ath. Injuries	3	KNS 166: Movement: Pedagogy & Leadership	4
	ED 105: Cultural Diversity (CI: F)	4	ED 101: Explorations in Teaching (CA: 1)	4
	ED 161: Technology for the Classroom Teacher	2	GE Common Inquiry: A, E, G	4
	PEA (CS: D) (1 unit)	1		1
	Total Units	18		18
Third Year May Term or Summer: ENG 106: Language Acquisition (3-4 units)				
Fourth Year	ED 111: Educational Psychology	4	ED 151: Curriculum, Management, Instruction	2
	ED 129: Physical Education Curri. and Planning	4	ED 191: Student Teaching	12
	ED 171: Content Area Literacy	4	ED 196: Student Teaching seminar	3
	ED 130: Special Education	2		
	KNS 155: Fundamentals of Movement	2		
	KNS 185: Motor Behavior	2		
Total Units	18		17	

Courses in bold print are pre-requisites for the ED program.

Westmont General Education Requirements

Common Context (CC)	Common Inquiries (CI)	Common Skills (CS)	Compassionate Action (CA)
RS 1: Old Testament RS 10: New Testament RS 20: Christian Doctrine PHI 6: Philosophical Reflections HIS 10: World History Christian Pers.	A. Reading Imaginative Literature B. Exploring the Physical Sciences C. Exploring the Life Sciences D. Reasoning Abstractly E. Working Artistically F. Thinking Globally G. Thinking Historically H. Understanding Society	A1. Writing for the Liberal Arts A2. Writing within the major A3. Writing outside the major Writing requirements are often fulfilled while taking other classes. B. Quantitative/Analytical Reasoning C. Modern/Foreign Language D. Physical Education (4 classes)	One course: B1. Serving Society; Enacting Justice B2. Communicating Cross-culturally

Assumptions underlying this plan:

1. That the student will fulfill Common Skills: B (Quantitative and Analytical Reasoning) at the same time as one of the Common Inquiry Courses.

NOTE: Students may want to consider the Kinesiology Mayterm (KNS 72: Foundations, KNS elective, and PEA).

Milestones:

Steps toward earning a Preliminary Secondary (Single Subject) Teaching Credential on a fast-track at Westmont*



First Year	<ul style="list-style-type: none"> ___ Make sure to have two advisors: one advisor in your major field of study and a secondary advisor from the Education Department. Complete, if necessary, the "Change of Advisor" form available from the Records Office. ___ Meet with both advisors and discuss if a fast-track option could work for you.
Second Year	<ul style="list-style-type: none"> ___ Complete an official "Declaration of Major" form available from the Records Office. Circle your major field of study. ___ Review the pre-requisite courses/requirements for earning a Teaching Credential. ___ Work out a four-year program of study with your advisor, especially if you're thinking of spending a semester in an off-campus program. You may decide it's wiser to not do the fast-track – in this case, work out a five-year program of study.
Third Year	<ul style="list-style-type: none"> ___ Meet with Education advisor at beginning of third year. ___ Maintain a 2.75 GPA if you plan to apply to Westmont's Credential Program. ___ During the fall, register for all sections of Single Subject CSETs for your content area. CSETs need to be taken by February 15. ___ Fulfill the Basic Skills requirement (For options see: www.ctc.ca.gov/credentials/leaflets/cl667.pdf) ___ By February 15, complete an application for Westmont's Credential Program. ___ When making housing plans for your senior year, remember you need to live off-campus during the Spring semester, if you wish to be eligible for the 55% tuition scholarship. (Note: Ocean View counts as "off-campus" even though it's college-owned). Given the difficulty of moving over Christmas break, most seniors in the Credential program live off campus the entire year. ___ Schedule a time to take the Westmont-administered US Constitution exam (see Program Assistant for details). ___ Plan to take an in-person CPR course for infants, children, and adolescents.
Fourth Year*	<ul style="list-style-type: none"> ___ Make sure, as a fast-track students, that you've completed ALL requirements to receive your BA in December and thus become eligible for the tuition discount during the Spring semester of student teaching. You may not graduate deficient in December. ___ For students in Westmont's Credential Program, stay in close touch with the Program Assistant and review the "Stepping Stones towards a Teaching Credential" for completing a professional teaching credential.

*These milestones are set up for fast-track students (students are who completing both a BA in a content area and the Teacher Credential Program in four years). Students who wish to do a fifth-year Teacher Credential Program, either at Westmont or elsewhere, will complete most of the items listed her under "Third Year" during their fourth year.