

Learning Plan

A Learning Plan will help you focus on what you intend to learn in your internship. Once you have secured your internship, ask yourself the following questions:

1. What do I most want to explore, understand or learn during my internship?
2. How would I like to change by the end of my internship?

Brainstorm a list of possible objectives.
Prioritize your objectives.

Now, turn your objectives into a Learning Plan. By writing specific objectives, **you** direct, manage and reflect upon the learning process for your internship.

As a general rule, the minimum number of objectives you select for your internship should be equivalent to the number of units you are earning for the course:

Units	Hours per Week	# of Learning Objectives	Total Hours on Site (minimum of 12 weeks)
2	6	2	72
3	9	3	108
4	12	4	144

Many Areas from Which to Choose

Learning objectives may fall under a number of categories. They may be academic, competency-oriented, skill-oriented, career-exploratory, self-assessing, or workplace oriented in nature.

Each objective should have three components:

1. **Learning Objective:** State what you intend to learn.
2. **Activities & Resources:** List the way(s) you intend to learn it.
3. **Evaluation or Verification:** How will you demonstrate what you learned?

Take a look at the *Sample Learning Objectives* (form may be found on Westmont's Internship Web Site). Do not feel limited by these examples. Your own Learning Plan may well include resources or ways of verifying your learning that are not identified in the samples. Feel free to be creative. Now, take your prioritized objectives and create a learning plan.