

# RULES OF THE RESILIENCE ROAD

Keep in contact with your student; they need your support. Let them share what they want. Listen and ask sincere, open questions. Remind them that hard work will pay off.

When your student faces a problem, slow down your immediate attempts to fix things. Let them find a solution and allow them to make some mistakes (and learn from them). Support, don't smother.

Once your student enters college, it's time to stop steering and let them drive. Sit beside them and, when asked, offer guidance.

