



# Your health, in *your* hands

## Manage your medications with Anthem's mobile and web tools

Your prescription drug coverage is important to your health. With pharmacy benefits from Anthem, powered by IngenioRx, we make it simple for you to track and manage your medications — all in one convenient place. You can refill and renew your prescriptions, find a pharmacy and even look up the price of a drug before you get it.

To get started, log in to [anthem.com/ca](https://anthem.com/ca) or use the Sydney mobile app. **Here's what you'll find:**

### Your medicine cabinet

It's like a digital version of your medicine cabinet at home. It automatically collects prescription information from your health plan, including dosage, days' supply, cautions and refill reminders.

### No-hassle refills and renewals

Refills and renewals are right at your fingertips when you choose IngenioRx Home Delivery. And if you want to set it and forget it, you can turn on automatic refills and renewals. You can also check order status and get notices and alerts, like when your order ships or if something needs your attention. And you can manage your payments and account balance, too.

### Find ways to save

You can easily check prices when you need medicine. We'll let you know if a generic drug will save you money or if home delivery makes more sense than getting prescriptions at your retail pharmacy. We'll help you understand your options so you can make informed choices for you and your family.

### Stay in touch — the way you choose

You can decide how we keep you informed. Want to get an email or voice message? How about an alert when it's time for a refill or when you're due for a health screening? Want to know when you could save money on your drug costs? You can opt in or out of alerts and also set your payment preferences.

**Managing your health is simple, smart and personal.**

Log on to [anthem.com/ca](https://anthem.com/ca) or download the Sydney app to see what your plan can do for you!