

### Childhood Spiritual Well-Being Scale

For each of the following statements, check the choice that best indicates the extent of your agreement or disagreement as it describes your personal experience.

SA = Strongly Agree  
D = Disagree

A = Agree  
MD = Moderately Disagree

MA = Moderately Agree  
SD = Strongly Disagree

When I was growing up...	SA	MA	A	D	MD	SD
1. I didn't find much satisfaction in private prayer with God.						
2. I didn't know who I was, where I came from, or where I was going.						
3. I didn't believe that God loved me and cared about me.						
4. I felt that life was a positive experience.						
5. I believed that God was impersonal and not interested in my daily situations.						
6. I felt unsettled about my future.						
7. I had a personally meaningful relationship with God.						
8. I felt very fulfilled and satisfied with life.						
9. I didn't get much personal strength and support from my God.						
10. I felt a sense of well-being about the direction my life was headed in.						
11. I believed that God was concerned about my problems.						
12. I didn't enjoy much about life.						
13. I didn't have a personally satisfying relationship with God.						
14. I felt good about my future.						
15. My relationship with God helped me not to feel lonely.						
16. I felt that life was full of conflict and unhappiness.						
17. I felt most fulfilled when I was in close communion with God.						
18. Life didn't have much meaning.						
19. My relation with God contributed to my sense of well-being.						
20. I believed there was some real purpose for my life.						

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